

# Cuairt & Cultúr

## creative time

### Leopardstown Hospital Schedule



Sunday 6<sup>th</sup> October 2-3pm

#### **Puca Puppets**

Mary from Puca Puppets with her helper Niamh Lawlor invites old, young and 'in between' to join them in some creative and collaborative fun. Together you can learn how to make a simple puppet and maybe even bring them to life.



Friday 11<sup>th</sup> October 2.30-3.30pm

#### **Harpist and Singer**

Teresa O'Donnell, one of Ireland's leading Harpists/Singers with a broad repertoire of Irish, Classical and contemporary music, plays for residents in a community space and gives an interesting commentary on the music she plays in her recital.



Monday 4<sup>th</sup> November 2-3pm

#### **Julie Merriman**

Drawing is hand-made, responsive and reflexive. The emphasis of this workshop will be on the experience and process of making marks. Instead of using the word 'draw' we will talk about 'moving the pencil, however feels comfortable. We will make a series of images focused on each participants hand, looking also at colour and the effect it has on the senses.



Tuesday 12<sup>th</sup> November 11am-12pm

#### **Sound Textures**

Embracing a variety of musical and visual experiences, exploring sound, colouring and texture, using images, different musical instruments and songs, the session encourages playful interaction between residents, their families and staff.



Tuesday 19<sup>th</sup> November 2-3pm

#### **Well-Dance for All**

Dance Theatre of Ireland, provides an uplifting, fun, creative dance class for all abilities. It will seamlessly transport you to a very joyful place, whilst improving breathing, balance, fluidity and strength - all to great music.