



# Féile le Chéile dlr dlr Festival of Inclusion

**Belonging | Muintearas**  
28 September - 08 October '23

## PROGRAMME OF EVENTS



# dlr Festival of Inclusion

28 SEPT- 8 OCT  
2023

## Belonging | Muintearas

Dún Laoghaire-Rathdown (dlr) County Council is delighted to host the **dlr Festival of Inclusion every autumn**. The aim of the annual dlr Festival of Inclusion is to highlight and celebrate social inclusion initiatives and to support and encourage all to actively participate and engage in the community.

'Belonging | Muintearas' is the overall festival theme this year and our community based social inclusion festival will run from **Thursday 28th September – 8th October 2023** with lots of events also taking place throughout October across Dún Laoghaire-Rathdown.

We would like to sincerely thank the many community groups and organisations that are hosting activities and events during dlr Festival of Inclusion and that are bringing people together to connect and celebrate community wellbeing and providing supports and promoting belonging, inclusion and diversity across dlr. See the full programme of activities and events at [events.dlrcoco.ie](https://www.dlrcoco.ie) and for more information, contact Siobhán Nic Gaoithín, Social Inclusion Officer & Age-Friendly Programme Manager, Community Section, Dún Laoghaire-Rathdown County Council

See full programme & event details at

[www.dlrcoco.ie/dlr-events/event/dlr-festival-inclusion-2023](https://www.dlrcoco.ie/dlr-events/event/dlr-festival-inclusion-2023)

[community@dlrcoco.ie](mailto:community@dlrcoco.ie) | 01 205 4893 | [www.dlrcoco.ie](https://www.dlrcoco.ie)

Join us and be part of the dlr Festival of Inclusion 2023!



An Cathaoirleach, Councillor Denis O' Callaghan with dlr Festival of Inclusion events organisers and staff of dlr County Council at the launch of dlr Festival of Inclusion 2023.

## THURSDAY 28 SEPTEMBER

dlr Grants 2024 - now open for applications at [www.dlrcoco.ie/grants](http://www.dlrcoco.ie/grants)

Improve your community with funding available for community led projects, events and programmes in Arts, Business Development, Community, Environment & Climate Action, Heritage & Sports

Closing date for applications: Wednesday 25th October 2023



Poster for the Dementia Information Hub. The background is purple. At the top left, the text 'Welcome to our' is written in a yellow cursive font, followed by 'DEMENTIA' in large, bold, blue-outlined white letters, and 'INFORMATION HUB' in large, bold, blue-outlined white letters. To the right of the text are three white butterfly icons. Below the title, the text reads: 'Join us in The dlr Lexlcon for our Dementia Information Hub. It is a signposting service to supports and services for people living with dementia and their family members. We'll be here to answer any questions you might have. All welcome.' Below this text is a yellow and white calendar icon showing '28th September' and '10.00 - 13.00'. To the right of the calendar is another white butterfly icon and a yellow speech bubble icon containing a white lowercase 'i'.



**Saint Joseph's Shankill**  
Dedicated to Dementia Care

CHY 18282 / RCN 20069858  
[www.saintjosephsshankill.ie](http://www.saintjosephsshankill.ie)



**Dún Laoghaire-Rathdown**  
County Council Comhairle Contae  
Dhún Laoghaire-Ráth an Dúin

# FRIDAY 29 SEPTEMBER 2023

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## Let's Talk Climate

10.00 - 16.00

FREE EVENT

County Hall, dlr County Council, Marine Road, Dún Laoghaire, A96 K6C9

Followed by return bus & guided tour of Fernhill Park, Enniskerry Road, Newtown Little, Dublin

Supported by Age Friendly Ireland & CARO (Climate Action Regional Offices)

**Timetable:** 10a.m: Tea & Coffee on arrival to County Hall, Dún Laoghaire followed by training workshop with Gavin Harte (Sustainability Consultant, Climate Action Coach & Environmental Activist) with light lunch served at 1p.m followed by free bus to Fernhill tour by Ruairí Ó Dulaing, Senior Parks Superintendent, leaving County Hall at 1.30p.m and returning to County Hall for 4p.m.

Spaces Limited.

**For further information and booking:**

(01) 205 4893 | email: [community@dlrcoco.ie](mailto:community@dlrcoco.ie)



## FRIDAY 29 SEPTEMBER 2023

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### Chair Yoga Classes in Rosemount Family Resource Centre

10.00 - 11.00 & 11.15 - 12.15

FREE EVENT

Rosemount FRC, 3 Waldemar Terrace, Dundrum

(01) 216 6131 | frcrosemount@gmail.com

Yoga is the journey of the self, through the self, to the self. Get the benefits of yoga without having to get down on the floor! This class is designed to suit both young and old, and no matter what age you are, you're sure to feel the benefit after a few short weeks.

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### Foxrock Cabinteely & Cabinteely GAA clubs present 'Na Réaltai' Open sessions for children with additional needs aged 5 - 12 years

Friday evenings 18.00 - 18.40. 29 Sept. - 20 Oct.

FREE EVENT

Come to all or any of the sessions

**Venue:** St Laurence College Hall, Wyattville Rd, Glenageary, Loughlinstown, Co. Dublin

Free of charge, **pre-booking essential**

**Club Phone** 089 413 1648 to ensure correct children to coach ratio, no payment required - please note it is an open session for children with additional needs aged 5-12, parents must attend with their child.



## SATURDAY 30 SEPTEMBER 2023

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**Foxrock Cabinteely & Cabinteely GAA clubs present Taster Sessions for children aged 4 - 7 years of age in hurling, camogie & football.**

**9.00 - 10.00**

**FREE EVENT**

Saturday 30 September - Saturday 28 October

Kilbogget Park, Cabinteely, A96 PC84

No booking required, come along on all / any Saturday morning and helmets & hurls will be provided. As Belonging & Inclusion is a huge part of our clubs, we are inviting all members of the community to experience GAA for all!

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## **Blackrock Community Men's Shed & Garden Official Opening**

**11.00 - 15.00**

**FREE EVENT**

Rockfield Park, Newtown Blackrock, Blackrock, Co. Dublin

Considerable work has now been carried out on the shed in recent years that now has a kitchen, workshop, glass house and gardens and everyone is welcome to share in the celebrations of the official opening and to find out more and maybe join Blackrock Community Men's Shed and Garden!

Light refreshments will be provided, no booking required.

The shed will be open as usual on the Tuesday and Thursday from 11.00 – 15.00 of dlr Festival of Inclusion and visitors will be welcome as always.



# Mincéirí Cabaret

Gralti!

*Crush'ain are a geels an misli an  
tober a gravel, sang'art a sugū grat'!*

Welcome!

*Come join us on this wonderful  
adventure of connection,  
reflection and creativity!*



Produced by Mary Mc Productions in partnership with Dún Laoghaire-Rathdown County Council as part of dlr Festival of Inclusion 2023, **Mincéirí Cabaret** is Ireland's first ever Irish Traveller Cabaret. Comprising performances by seven Traveller participants and three prolific professional Traveller artists, Oein DeBhairduin, Fin Furey, and Leanne Mc Donagh; this community participation project will showcase the artistic and creative prowess of the Traveller Community.

**Saturday 30 September 2023 | 7.30pm**

Studio Theatre, Level 1, dlr LexIcon, Haigh Terrace, Moran Park, Dún Laoghaire

Further information at: [events.dlrcoco.ie](https://events.dlrcoco.ie)

Celebrating the final year of the Decade of Centenaries (2013-2023), the participants have creatively engaged with literature and art that influenced and arose from the socio-political events of 1913-1923. Mincéirí Cabaret promises an evening of entertainment and critical reflection through music, poetry, visual art and drama.

Creative direction by Niamh O'Beirne, Thomas Connors, and Aisling Smith.

Supported by the Department of Tourism, Culture, Arts, Gaeltacht, Sports and Media under the Creative Ireland Programme and the Decade of Centenaries 2012-2023 initiative.



## SUNDAY 1 OCTOBER 2023

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### UN International Day of Older Persons

International Vintage Tea Party, 11.00 - 13.00

FREE EVENT

Main Hall, St. Joseph of Cluny, Avondale Road, Killiney, Co. Dublin

Launching *'Miss Whelan's Old School House'*, children's book in aid of National Network for Meals on Wheels as well as *'Our National Treasures' website* – a free resource for older people, their families, carers and support network & *The Vintage Tea Room & Market Village* – a new valuable social setting for Older People in Dún Laoghaire-Rathdown. Live music with George Hunter & all welcome, young & old!

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### dlr Older People's Council (OPC) hosting 2 Tea Dances for member groups and individuals to mark UN International Day of Older Persons

16.30 - 19.30

FREE EVENT

RSVP with [community@dlrcoco.ie](mailto:community@dlrcoco.ie) / 01 205 4893

Sallynoggin Inn, Sallynoggin Road & Ballinteer St. John's GAA Club, Grange Road, Dublin 18

Live Music, Refreshments & Dancing!

The dlr OPC is a representative group of and for older people, with some 40 member groups from across the county and is open to all non-commercial age-friendly groups, associations, clubs, organisations & individuals, committed to improving the quality of life of older people in dlr and is supported by dlr County Council.

If you or an older people's group would like to join the dlr Older People's Council and for more information, contact the Community Section of dlr County Council at 01 205 4893 / [community@dlrcoco.ie](mailto:community@dlrcoco.ie)





**SUNDAY 1 OCTOBER 2023**

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**Nutgrove Shopping Centre celebrates UN International Day of Older Persons**

**19.30 - 21.00**

**FREE EVENT**

Nutgrove Way, Rathfarnham, D14 F5X7

Music, Chat and Finger Food in Nutgrove Shopping Centre Food Court in association with Ballinteer Men's Shed and entertainment provided by Rathfarnham Ukulele Group (RUG's)

All welcome, no booking necessary!



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**Dublin Society of Model and Experimental Engineers (DSMEE) Public Open Day**

**Depot open from 11.00 and free train rides 12.00 - 16.00**

**FREE EVENT**

Offering free train rides, open to all with Live Steam, Electric and Internal Combustion locos, pulling our comfortable passenger carriages. Visitors are also offered rare access to our Depot, where other locos, and engineering projects will be on display.

DSMEE, c/o The Depot, Marlay Park, Dublin 16 (College Road car park closer to DSMEE Depot)

All welcome. No booking required

Free but donations welcome  
Join the queue at the station / depot on the day!



## MONDAY 2 OCTOBER 2023

### Coffee & Chat with your Community Gardaí

11.00 - 13.00

FREE EVENT

INK Café, Ground Floor, Lexlcon Library, Haigh Terrace, Dún Laoghaire

All welcome to meet and have a chat with members of the Dún Laoghaire & Blackrock Community Policing Teams

Refreshments provided.  
All welcome to drop in.  
No booking necessary.



### Official opening of New Sensory Area Loughlinstown Community Rooms

18.00 - 20.00 FREE EVENT

Loughlinstown Community Rooms, Loughlinstown County Dublin, A96 RY11

Official opening of new accessible sensory area in Loughlinstown Community Rooms Garden a great community event for all ages and abilities.

All welcome & refreshments provided.

**More info:**  
coordinatorlcr@gmail.com



**TUESDAY 3 OCTOBER 2023**

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**Ballyogan Family Resource Centre Coffee & Connections**

**11:30 - 13:30**

**FREE EVENT**

Ballyogan Family Resource Centre, Samuel Beckett Civic Campus,  
Ballyogan, Dublin 18, D18 HT72

“Coffee & Connections” - An opportunity for local residents & Ballyogan Family Resource Centre staff to welcome the many new families who have made Ballyogan their home in recent times – bringing people together to share food and make connections and to provide information and support if needed.



All welcome, no booking required & free refreshments provided.

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**Free Public Online Training Webinar: Introduction to ‘Autism in the Workplace’ - Teams webinar delivered by James Moroney from AS I AM - Ireland’s National Autism Charity**

**Presentation followed by Questions & Answers session**

**12.30 - 13.30**

**FREE EVENT**

This online webinar workshop is designed to inform and raise awareness about Autism in the Workplace and simple changes that we can make to support autistic colleagues. This short taster session delivered at lunchtime gives participants an opportunity to gain a basic knowledge of autism and topics covered during this training workshop will include: The Language of Autism, Myths, What is Autism?, Communication, Social Interaction, Social Imagination, Sensory Processing & Mental Health

Open to the Public & All welcome to join presentation

**To receive training webinar link, contact:**

[community@dlrcoco.ie](mailto:community@dlrcoco.ie) | 01 205 4893.



Organised by Social Inclusion Unit & Staff Training, dlr County Council to receive training webinar link & organised by Social Inclusion Unit & Staff Wellness Section, dlr County Council.

# GETTING BACK TO WALKING

## 'Walk & Talk' Session

The DLR Social Prescribing Programme for Health & Wellbeing and dlr Sports Partnership invite you to join us for a 'Walk & Talk' walking session to celebrate 'dlr Festival of Inclusion' where you can be active and connect with others.

Join us for a 1-hour walk in Dún Laoghaire supported by staff from dlr Sports Partnership and our DLR Social Prescribing Programme. Explore the scenery, discover the area and have chats along the way.



All participants will receive a free hot beverage at the end & a small gift.

### Booking is essential.

For more information and the meeting place please contact Lisa Sieger-Jamison at

0189 737 0372  
teely & Cabinteely GAA clubs  
GAA sessions.

# TUESDAY OCTOBER 3RD, 2023 11:00 AM TO 12:00 PM

(PLEASE ARRIVE AT 10:45AM FOR REGISTRATION)



The Social Inclusion and Community Activation Programme (SICAP) 2018-2022 is funded by the Irish Government through the Department of Rural and Community Development and co-funded by the European Social Fund under the Programme for Employment, Inclusion and Learning (PEIL) 2014-2020

**TUESDAY 3 OCTOBER 2023**

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## **The Human Library at IADT**

**13.00 - 16.30**

**FREE EVENT**

Institute of Art, Design & Technology (IADT) Library, Kill Avenue,  
Dún Laoghaire, A96 KH79

Join IADT for “The Human Library,” where real people become books, ready to share their unique stories and experiences with you.

‘Borrow’ a Human Book at IADT’s Human Library to unjudge your community as part of the dlr Festival of Inclusion 2023. The Human Library provides a safe space for people to break down social barriers through open and respectful conversation. Become a Reader and join us for a day full of curiosity and open-minded conversations.

On the day, you will take part in conversations with one of our Books. All we ask you to do is pre-register and bring along your curiosity and respect. Each conversation will last approximately 20 minutes. Each Reader is invited to read multiple Books throughout the afternoon. This event is for 18s and over only.

BOOKING & Pre-registration required for all readers on Eventbrite IADT Human Library event

### **For more information contact:**

Louisa Keogh: [louisa.keogh@iadt.ie](mailto:louisa.keogh@iadt.ie)

Rebecca Roper: [rebecca.ropers@iadt.ie](mailto:rebecca.ropers@iadt.ie)



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## **Foxrock Cabinteely & Cabinteely GAA clubs present Free GAA sessions for mothers and ladies of all ages interested in learning GAA skills and meeting new people!**

**Tuesday 3rd October - Tuesday 24th October at 20.30**

**FREE EVENT**

Astro Pitch, Loreto College Foxrock, Springfield Park, Dublin D18 FT21

Free taster sessions, no booking required, come along on all / any Tuesday night.

## WEDNESDAY 4 OCTOBER 2023

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### Women's Collective DLR - Crazy Glazing Workshop followed by Community Lunch-Create your own mug in the theme of what "Belonging" means to you!!

10.00 - 13.30

FREE EVENT

57 Ennel Court, Loughlinstown, Co. Dublin, A96 YR72

All materials supplied & free lunch afterwards.

All welcome but spaces limited.

**Contact:** Women's Collective Ireland, DLR  
01 282 5932 to book your space



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### 'Inclusion in Irish Media and Arts: Panel discussion' hosted by Ola Majekodunmi

19.30 - 21.00

FREE EVENT

Studio Theatre, Lexicon Library, Haigh Terrace, Dún Laoghaire

Broadcaster, producer, writer, creator and Board Member for Foras na Gaeilge and Dublin International Film Festival, Ola Majekodunmi will host this public panel discussion with creators and broadcasters as part of dlr Festival of Inclusion – with Belonging | Muintearas as the theme of this year's festival.



Joining Ola on the night will be performers and broadcasters Joseph Okoh, ZEINAB, Lee-Loi Chieng, Ashley Chadamoyo, Daniel Airey and Emma Ní Chearúil where all panel members will give their insights and thoughts on 'Inclusion in Irish Media and the Arts'.

Join us for a thought provoking and lively discussion!

No booking necessary, come along on the night & refreshments served



# Garda Older Persons Association

(GOPA)

## Safety & Security Seminar 2023

**Date:** Wednesday 4th October 2023 | 2p.m - 5p.m

**Venue:** Ballinteer St. John's GAA Clubhouse,  
Grange Rd, Rathfarnham, D16 YF75

**Welcome address:** Councillor Denis O' Callaghan, Cathaoirleach,  
Dún Laoghaire-Rathdown County Council

### The Assisted Decision-Making Act 2022

- Having control of our own decision-making as we age

Presentation & Q+A with Patsy Fitzsimons, Head of Complaints & Investigations,  
Decision Support Service

### Fraud is Everywhere - Know how to protect yourself

Speakers & Q+A with: Niamh Davenport, Head of Financial Crime,  
Banking & Payments Federation, Ireland.

Sergeant James Malone, An Garda Síochána,  
Tony McCarthy, dlr Seniors Alert Scheme

**All welcome! – Fáilte mhór roimh chách!**

Free event, refreshments provided

Spaces limited and to book your place,  
contact the Community Section, dlr County Council at

01 205 4893 or email [community@dlrcoco.ie](mailto:community@dlrcoco.ie)





**SOUTHSIDE PARTNERSHIP DLR WOMEN'S PROGRAMME**



**IN CONJUNCTION WITH WOMEN4WOMEN NETWORK**

**WELCOME TO THE  
MULTICULTURAL WOMEN'S BREAKFAST  
FESTIVAL OF INCLUSION  
BELONGING**



**Bring a Dish All Women Welcome Bring a Friend**

**10AM TO 1PM**

**THURSDAY 5TH OF OCTOBER 2023**

**ASSEMBLY HALL, DLR COUNTY COUNCIL BUILDING  
2 MARINE RD, DÚN LAOGHAIRE, DUBLIN  
A96 K6C9**

For more info or to register, check Eventbrite link or QR Code:  
<https://bit.ly/MulticulturalWomensBreakfastFolBelonging051023>



- [rafika.kelly@sspship.ie](mailto:rafika.kelly@sspship.ie)
- 01 442 1004 or 087 7203665
- [www.women4women.ie](http://www.women4women.ie)
- [women4womendlr](https://www.facebook.com/women4womendlr)
- [women4womenireland](https://www.instagram.com/women4womenireland)



**Festival of Inclusion**



**SOUTHSIDE PARTNERSHIP DLR**  
SUPPORTING COMMUNITIES



**Minister for Enterprise, Trade and Innovation**  
Department of Enterprise, Trade and Innovation



**EUROPEAN UNION**  
Investing in your future  
European Social Fund



**An tAire Leasraí, Comhionannas, Macramas, Leasraíocht agus Oigé**  
Department of Children, Equality, Disability, Integration and Youth

The Social Inclusion and Community Activation Programme (SICAP) 2014-2023 is funded by the Irish Government through the Department of Health and Governmental Investment and is funded by the European Social Fund under the Programme for Employment, Inclusion and Learning (PEIL) 2014-2020



## THURSDAY 5 OCTOBER 2023

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### Southside Partnership Holly House women's coffee morning in aid of Blackrock Hospice

10.00 - 13.00

FREE EVENT

Holly House, 85 Holly Court, Ballybrack, County Dublin A96 N239

Community coffee morning, all funds raised go to Blackrock Hospice.

All welcome, Free entry, Donations welcome



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### Rosemount Family Resource Centre - Jewellery Making Workshop

10.00 - 12.00

FREE EVENT

Rosemount Family Resource Centre, 3 Waldemar Terrace, Main Street, Dundrum, Dublin 14

Sign up for our Jewellery Making workshop with Kalá Bijoux Designs

Free of charge, all materials provided

Suitable for all ages but spaces are limited and to reserve your place

**Contact** 01-216 6131 / [info@rosemountfrc.ie](mailto:info@rosemountfrc.ie)  
or DM @rosemountfrc to register.

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### Southside Travellers Action Group (STAG) Fashion Show & Coffee Morning

11.00 - 13.00

FREE EVENT

STAG, Unit 5 St Kieran's Enterprise Park, Furze Road Sandyford, Dublin 18

Fashion show of Traveller style clothes as well as clothes from the other communities and cultures at STAG including Mongolian, Polish, Arabic, and Indian fashion. Arts & Crafts displays and workshops as well as Tea/Coffee & refreshments

No booking necessary – all welcome & call in on the day

**Contact** 01 295 7372 / [info@southsidetravellers.ie](mailto:info@southsidetravellers.ie)

**THURSDAY 5 OCTOBER 2023**

The poster is for a workshop titled 'Знайомство із правилами ведення бізнесу в Ірландії' (Introduction to the Rules of Doing Business in Ireland). It is presented in Ukrainian and is free of charge online. The poster includes logos for Southside Partnership DLR, the Department of Enterprise, Trade and Employment (DETE), and DLR. It features a section 'About this workshop...' with the date 'Thursday 5th October 2023' and a section 'What this workshop offers...' with four bullet points: 'Learn about the latest developments in the Irish business environment', 'Receive advice on business law, taxation, and international relations', 'Additional information on funding for business', and 'Find out more about the various support services available to businesses in Ireland'. There is also a small video thumbnail showing a Zoom meeting.

**Southside Partnership DLR - Tús Information Session - Part-time positions with Community & Voluntary Groups in your local community.**



**11.00 - 12.30**

The Local Area Employment Service (LAES), 106 George’s Street Lower, Dún Laoghaire

This short Information Session will tell you all about Tús, it’s eligibility criteria and the benefits of taking part as well as current vacancies in your area with local community and voluntary groups. Come along for an informal chat and see if Tús might be the right next step for you.

To check your eligibility for Tús go to: [www.southsidepartnership.ie](http://www.southsidepartnership.ie) and search for Tús.

**Contact** Ciara Start, Tús Team Leader to book your place: 087 737 0366

**THURSDAY 5 OCTOBER 2023**

**Free Public Online Training Webinar: Introduction to Intercultural Competency & Anti-Racism Training**

Kensika Monshengwo, Intercultural Training Coordinator with the Immigrant Council of Ireland will introduce participants to Intercultural Competency and Anti-Racism Awareness and the training covers the following topics: Culture and cultural perceptions; Unconscious biases; Inter group power dynamics, Racism & Anti-Racism and Reporting Racism. The webinar will be in presentation style for circa 45 mins followed by a Question & Answers Session and the workshop is a safe and non-judgmental platform and all are welcome to attend.

Free to attend and Open to the Public

To receive training webinar link, contact [community@dlrcoco.ie](mailto:community@dlrcoco.ie) | 01 205 4893.



Organised by Social Inclusion Unit & Staff Training, dlr County Council

**BIONCÓ ABÚ**

- **SÚ DEIREADH FÓMHAIR / 5TH OCTOBER**
- **EBLANA CLUB, DÚN LAOGHAIRE, 6 A CHLOG**
- **BILINGUAL BINGO**
- **FREE ADMISSION + PRIZES ON THE NIGHT**
- **RSVP: COSHEA@DLRCOCO.IE**

The poster features a festive banner at the top, a bingo card icon, a calendar icon for the 5th of October, a clock icon, a trophy icon, and a 'TSVP' icon. At the bottom, there are logos for 'dlr Comhairle Contae County Council', a Ferris wheel illustration, and 'Féile le Chéile Festival of Inclusion' with a colorful umbrella icon.

## FRIDAY 06 OCTOBER 2023

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### Rehab Care dlr Festival of Inclusion Concert

11.00 - 13.00

FREE EVENT

Assembly Room, County Hall, Dún Laoghaire, A96 K6C9

The Rehab Care Concert is presented by the Health and Social Care division of the Rehab Group promoting inclusiveness, independence, participation, and dignity as well as supporting the users of our services to participate in education, employment, social activities, events, shows, singing, clubs, job share, events and volunteering in the community.



Join us for our dlr Festival of Inclusion Concert celebrating ‘Belonging’ and enjoy music, song, stories and poetry performances.

Refreshment served. All welcome.

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### ‘Voices of Belonging’ programme on Dublin South FM, 93.9FM

12.00 - 13.00



Dublin South FM are proud to broadcast “Voices of Belonging” - a 1-hour radio programme exploring the concept of belonging through the narratives of immigrants in Ireland. Through heartfelt interviews and personal anecdotes, the programme will offer a poignant insight into their diverse journeys, capturing their shared experiences.

**Listen live on** FM Radio – 93.9FM  
**or online at:** [www.dublinsouthfm.ie](http://www.dublinsouthfm.ie)

# BOULES TASTER SESSION

## Two Sessions to Choose From!

The DLR Social Prescribing Programme for Health & Wellbeing and dlr Sports Partnership invite you to join us for a 'Boules Taster Session' to celebrate 'dlr Festival of Inclusion' where you can be active, connect with others and enjoy a new physical activity.

Join us for one of two Boules Taster Sessions in either Kilbogget Park near Ballybrack and Cabinteely or at The People's Park in Dún Laoghaire. Both sessions will be supported by staff from dlr Sports Partnership and our DLR Social Prescribing Programme.



All participants will receive a free hot beverage at the end & a small gift.

### Booking is essential.

For more information and the meeting place please contact Lisa Sieger-Jamison at [lisa.sieger@sspshp.ie](mailto:lisa.sieger@sspshp.ie) or 087 737 0372



**THURSDAY OCTOBER 5th, 2023**

**11:00 AM - Kilbogget Park**

**FRIDAY OCTOBER 6th, 2023**

**11:00 AM - The People's Park**

**(PLEASE ARRIVE 10 MINUTES EARLY FOR REGISTRATION)**



The Social Inclusion and Community Activation Programme (SICAP) 2018-2022 is funded by the Irish Government through the Department of Rural and Community Development and co-funded by the European Social Fund under the Programme for Employment, Inclusion and Learning (PEIL) 2014-2020

## SATURDAY 7 OCTOBER 2023

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### Open House Dublin in dlr

FREE EVENTS

Join the wide range of tours, workshops and activities for young people and families taking place as part of the Open House Dublin architecture festival in association with dlr County Council.

Pre-booking required on all Open House events at: [openhousedublin.com](http://openhousedublin.com)

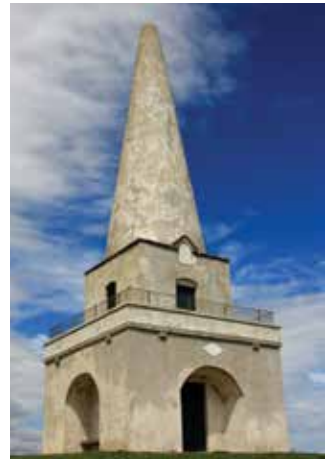
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### The Obelisk on Killiney Hill

14.00 and 15.00

Starting point is at the Obelisk, Killiney Hill.

The Obelisk on Killiney Hill is one of the most prominent landmarks in Dún Laoghaire-Rathdown and the dlr Heritage Department are delighted to invite families and friends to come and have a peek inside. This is an opportunity to hear almost 200 years of history about the Obelisk and surrounding lands, all while taking in the wonderful coastal views.



### The Oratory Tour, Library Road, Dún Laoghaire

11.00 and 12.00

Starting point is at the door of the Oratory.

This tiny hidden gem of Celtic revival art is home to some of the most spectacular artwork from the first half of 20th Century Ireland, all produced by Sister Concepta Lynch. The dlr Heritage Department invite everyone to come and be inspired by all the creativity housed in this tiny chapel!



**SATURDAY 7 OCTOBER 2023**

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**dlr Biodiversity Event, Marlay House**

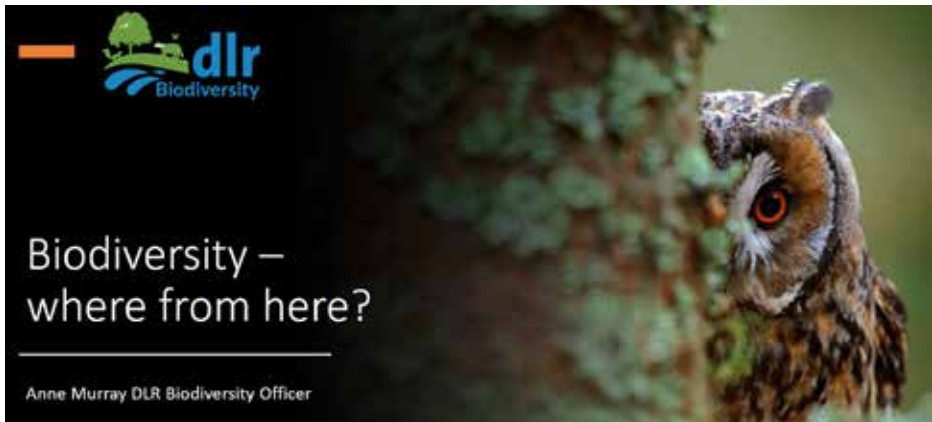
**11.00 and 13.00**

**Starting point is front steps of Marlay House.**

Marlay Park, Kellystown Road, Rathfarnham, Dublin 16

Join the dlr Biodiversity Officer Anne Murray for a fun-filled exploration of the plants, animals and birds that call Dublin home.

This workshop will teach you the difference between species, as well as sharing some ideas that you can do to help protect the biodiversity on your door



**SATURDAY 7 OCTOBER 2023**

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**Fernhill Park Experience - Augmented Reality Workshop**

**12.00 and 14.00**

**FREE EVENT**

**These workshops will be held in Fernhill Park House.**

The Fernhill Park Experience is an interactive, educational, augmented reality (AR) game based on the new Fernhill Park and Gardens in Stepaside, Dublin. This facilitated workshop will introduce a mobile phone-based application which uses augmented reality technology to display visualisations of the park and a map of Fernhill. The player will explore and learn about the topics of rewilding, reforestation and renewable energy, and can make real-time changes to the park based around these topics. The player will then choose a final scenario for Fernhill and will learn about the future impact of their decisions. The workshops promise to be fun for children and parents alike!



Pre-booking required for all Open Day events at [openhousedublin.com](http://openhousedublin.com)

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**Free Autumnal Wreath Workshop**

**11.00 - 13.00**

**FREE EVENT**

Sanctuary Flowers, Lanesville, Monkstown, A96 A720

Make your own Autumnal wreath for Autumn & Halloween from foraged materials on Saturday morning.

All materials provided, limited places

**Bookings** Frida at 086 155 2152 | [sanctuaryflowers@gmail.com](mailto:sanctuaryflowers@gmail.com)





## SATURDAY 7 OCTOBER 2023

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### Felt Art - Craft Chaos into Fabric of Balance

11.00 - 13.00

FREE EVENT

Studio 24, The Courtyard, Marlay Park, Kellystown Road, Rathfarnham, Dublin 16

Join Niki Collier for felting fun during dlr Festival of Inclusion. This event is part of Textile Journey Group initiatives and all textile lovers are invited to make a triangle 20 x 20 x 20 cm - any textile medium - felting, knitting, crochet, embroidery, stitching, creative dyeing – all materials provided

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### Knit Art - Craft Chaos into Fabric of Balance

13.00 - 15.00

FREE EVENT

Join Helen Crawford from the Textile Journey Group for a knitting session and your knitted piece will become part of our community-wide collaborative art installation. Artists of all ages & abilities welcome!

Places limited

**Bookings** [eventbrite.ie / @nikicollierfelt](https://eventbrite.ie/@nikicollierfelt)



## SUNDAY 8 OCTOBER 2023

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### 'Drag & Draw' - an art class with a difference!

13.30 - 15.00

FREE EVENT

The Lighthouse Venue, 88 Georges St. Lower, Dún Laoghaire

Drag & Draw host life-drawing sessions with drag queens as models and the event is an art class and a drag show. The class is made up of fast and slow-paced drawing exercises, incorporating audience interaction and is an informal event. Basic drawing materials will be provided. Free entry

**Bookings at:** [eventbrite.ie](https://www.eventbrite.ie)



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### The Big Sing returns!

15.30 - 17.00

FREE EVENT

St. Michael's Church, Marine Road, Dún Laoghaire

Come and join Newpark Community Concert Orchestra and a host of local choirs in singing many favourite songs from the Musicals, Irish Ballads, The Beatles, Leonard Cohen, Burt Bacharach and much more!

All welcome, Free Event & Song Words provided. No booking required, come along on the day!

**Contact** Community Section,  
Dún Laoghaire-Rathdown  
County Council  
01 205 4893 | [community@dlrcoco.ie](mailto:community@dlrcoco.ie)



# DLR FESTIVAL OF INCLUSION CONTINUES WITH:

## WEDNESDAY 11 OCTOBER

### Loughlinstown Over 50's Activity Club for a free Coffee Morning

10.00 - 12.00 **FREE EVENT**

Loughlinstown Community Rooms to celebrate belonging as part of dlr Festival of Inclusion. All welcome, Free of charge

## THURSDAY 12 OCTOBER

### 'Our Shed'

20.00 **FREE EVENT**

The Studio Theatre, dlr Lexlcon, Moran Park, Dún Laoghaire A96 H283

A creative celebration and performative work for World Mental Health Day presented by the LBS (Loughlinstown, Ballybrack & Shanganagh) Men's Shed in collaboration with poet, Colm Keegan.

Free entry but bookings required via [Eventbrite.ie](https://www.eventbrite.ie) | [arts@dlrcoco.ie](mailto:arts@dlrcoco.ie) | 01 236 2759



## WEDNESDAY 11,18,25 OCTOBER - WEDNESDAY 1,8 NOVEMBER

### Creative Brainwaves at dlr Lexlcon

11, 18 Oct & 1 Nov at 11.00am-1pm | 25 Oct & 8 Nov at 6.30-8.30pm

dlr Libraries and Global Brain Health Institute (GBHI) presents a series of five different events examining how creativity can support brain health for us all as we age, especially welcoming for people with dementia and their caregivers. Refreshments and comfort break at each event.



## SATURDAY, 11TH NOVEMBER

### UTSAV - Festival of Light celebration

### Deepotsav - Rishton ki Deepmala

12.00 - 18.00 **FREE EVENT**

Comhaltas Ceoltóirí Éireann, 32 Belgrave Square, Monkstown, A94 XV02


Food, dance, music, stalls & all welcome to celebrate the Festival of Light



dlr FESTIVAL OF INCLUSION 2023 PRESENTS

# THE BIG SING

ST. MICHAEL'S CHURCH,  
MARINE ROAD,  
DÚN LAOGHAIRE



Come and join  
Newpark Community  
Concert Orchestra and  
local choirs conducted by  
Gerry Noonan in singing  
many favourite songs from  
the Musicals, Irish Ballads, The  
Beatles, Leonard Cohen, Burt  
Bacharach and much more!

**SUNDAY  
8 OCTOBER  
2023**

**3.30PM - 5.00PM**

**No booking required,  
come along on the day!**

**FURTHER INFORMATION:**  
Community Section,  
Dún Laoghaire-Rathdown  
County Council

**01 205 4893  
community@dlrcoco.ie**

**All welcome  
FREE EVENT**

**Song Words  
provided**

