

A DAY OF INSPIRING FREE CREATIVE ENGAGEMENT FOR OLDER PEOPLE

29TH SEPTEMBER 2022

dlr LexIcon, Dún Laoghaire



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WWW.CREATIVE-LIVES.ORG/MEDLEY





creativity within your community, with all activities FREE of charge.

Programme 2017–2022



## **Performances**

RUGS Ukulele group
Raging Hormones drama group
Dance Theatre Ireland - Vintage
Youth

## **Workshops**

Autumn wreath making
Cabaret Painting workshop
Herbal soap workshop
Jive with Olwyn





## Information stands

Dún Laoghaire Men's Shed Institute of Art, Design & Technology Living Well with Dementia

## **And lots more!**

