

What's On for Bealtaine 2021

BEALTAINÉ AT HOME

MAY 2021



Celebrate Bealtaine 2021 with dlr!

Each May the national Bealtaine Festival seeks to inspire creativity among older people and to promote the skills, experiences and exposure that can lead to a richer creative life. This year join us in dlr as we celebrate creativity in older age with a packed programme of workshops, performances and much more during the month of May.

Bealtaine 2021 will take place online, with a mixture of live events via Zoom or access to pre-recorded events through YouTube or our websites. For all events via Zoom, booking is essential via Eventbrite.ie. For more info go to:

<https://events.dlrcoco.ie/event/bealtaine-home-2021>

Events at a Glance:

Tech-Based

Get Moving!

Fun and Informative

Creative Workshops



**Zoom Classes for
Beginners with
dlr PPN**
4th, 10th, 17th, 24th
12pm - 2pm on Zoom

**Using your Apple
Device workshop with
Createschool**
4th, 11th, 21st, 28th
11am on Zoom

**Ciorcal Comhrá/
Conversational Irish**
11th, 18th, 25th at
11am
12th, 19th, 25th at 7pm

**Visible mending
with Pauline
Gallagher**
11th, 18th
2pm on Zoom

**Well Dance at Home
with Dance Theatre
Ireland**
11th, 18th, 25th
2.30pm - 3.30pm
Eventbrite.ie

**Memory Lane with
South Dublin FM**
11th, 18th, 25th
4pm - 5pm
dublinsouthfm.ie/ 93.9fm

**Restorative Yoga
with Sally Dunne**
11th, 18th, 25th
7pm on Zoom

**Summer Garden with
SWAP Southside
Partnership**
6th, 20th
11am-12pm on Zoom

**Stories and
Superstitions of
Bealtaine**
5th, 12th at 11am
6th, 13th at 7pm
on Zoom

**Cooking for One
programme with SWAP
Southside Partnership**
5th, 12th, 19th, 26th
11am-12.30pm
on Zoom

**Carnation Theatre
presents *Getting
Hitched***
5th, 26th
11.30am on Zoom

**Mindful Chair Yoga
with Sally Dunne**
6th, 13th, 20th, 27th
2pm on Zoom

**Using your Android
device workshop
with Createschool**
7th, 14th
11am on Zoom

**Hand reflexology
with Clinical
Reflexology Ireland**
7th, 14th, 21th, 28th
12pm - 1pm on Zoom

**Zumba Gold
with dlr Sports
Partnership**
10th, 24th at 10am
Eventbrite.ie

**Hoop Art Workshop
with Ciara Harrison**
13th, 20th
10.30am on Zoom

**Mobility and Stretch
17th - 10am
Strength and
Balance
31st - 10am
Eventbrite.ie**

**Dementia Inclusive
Tour**
17th at 11am
25th at 2.30pm
on Zoom

**Using your
Laptop/PC workshop
with Createschool**
18th, 25th
11am on Zoom

**Paper Flower Craft
workshop with Kim
Jenkinson**
18th, 25th
11am-12pm on Zoom

**Creative Writing
Workshop with Adult
Education Dundrum**
19th
10am - 11.30am

**Flower Felting with
Tunde Toth**
19th
11am-12pm
on Zoom

**Creative Paper Craft
with Adult Education
Service Dundrum**
21st
12pm - 1.30pm
on Zoom

**Origami workshop
for beginners with
Tunde Toth**
26th
2.30-3.30pm
on Zoom