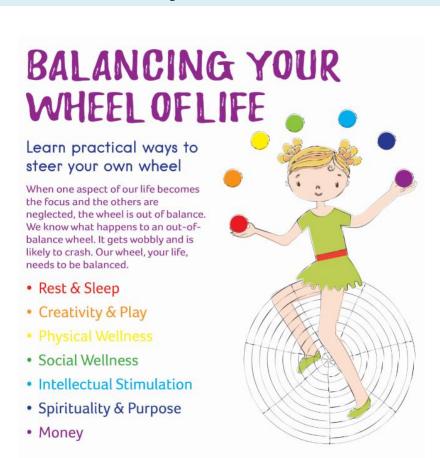




## Starting Tuesday 20<sup>th</sup> April - for 7 weeks

10.30am - 12.00pm

## FREE to everyone via ZOOM link.



If you would like to participate please contact Sandra on 0861744863 or Tracey on 0861382482







The Community Mental Health Fund, supported by the Department of Health

