

ASC

dlr Libraries

Autism Spectrum Collection

reading guide and lending collection



Introduction by An Cathaoirleach, Cllr. Shay Brennan

I am delighted to launch dlr Libraries ASC, Autism Spectrum Collection, a dedicated collection of resources collated with the needs of the autism community in mind.

ASC has come about as a result of a working group of library staff set up to examine how dlr Libraries could improve services for the autism community. The group engaged with author Deirdre Sullivan to compile the reading guide part of this booklet. While by no means exhaustive, this guide introduces users to books about, written by, or for those on the autism spectrum. This is a broad guide and we do hope users of all ages will find something of interest in this selection of titles.

The ASC lending collection includes sensory/tactile toys and equipment; tools to help build motor skills and items that may help develop life skills. Housed in dlr Lexlcon, these items can be borrowed from any library in the county. Inspired by the TTT (Toys, Technology and Training) collection in Kildare Libraries, the working group sought advice from colleagues in Kildare Libraries to start our first taster lending collection in dlr Libraries. I am delighted to introduce this collection, it is hoped that it will expand over the coming years in response to community needs.

ASC is just one measure dlr Libraries have introduced to support the autism community. Quiet evenings have been introduced in Cabinteely and Dundrum Libraries, Deansgrange hosts a sensory/quiet room and a range of autism friendly events are organised across the branch library network. Sensory boxes are available in each library and social stories are available on the website. There is also a commitment to an ongoing programme of staff training with AsIAM, Ireland's national autism charity and advocacy organisation.

I would like to thank the Department of Culture, Heritage and the Gaeltacht who has made this ASC project possible through Creative Ireland funding. Thanks are also due to our colleagues in Kildare Libraries and author Deirdre Sullivan.

Ask for ASC at your local library!

Books with Sensory Elements



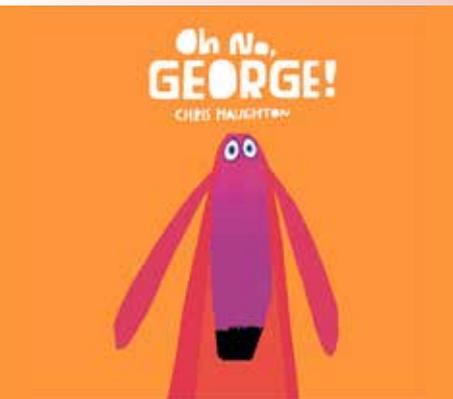
We're Going on a Bear Hunt

Michael Rosen, Helen Oxenbury

Walker Books, ISBN: 9781406363074

This is such a predictable addition, but it's a gorgeous sensory story. The illustrations are incredible, and it's quite easy and inexpensive to build a little story sack around it, with different sensory sacks for the different places they go through on their journey.

Editors Note: a story sack is a cloth bag containing sensory items related to a particular story.



Oh No, George!

Chris Haughton

Walker Books, ISBN: 9781406344769

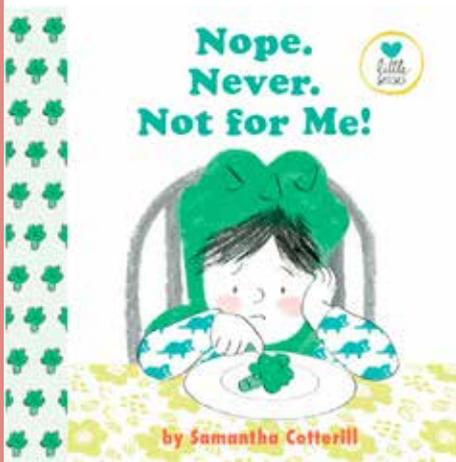
I love the simple Lámh friendly *(see Editors Note on page 6) language of Chris Haughton's work, and this book is a particular favourite of mine. The story of someone wonderful who still has to work hard to be good is one that resonates with many of us, neurodivergent and neurotypical alike.

Too Sticky! Sensory Issues with Autism

Jen Malia

Albert Whitman, ISBN unavailable, To be published 2020

I'm really looking forward to this book. Written by an autistic mother with an autistic daughter, it is the story of a girl who needs to overcome her fear of sticky hands to participate in her class science experiment (making slime). Books that look at sensory issues with empathy but also lend themselves to sensory play are rather gold-dusty, and it's always worth seeking and supporting autistic voices.



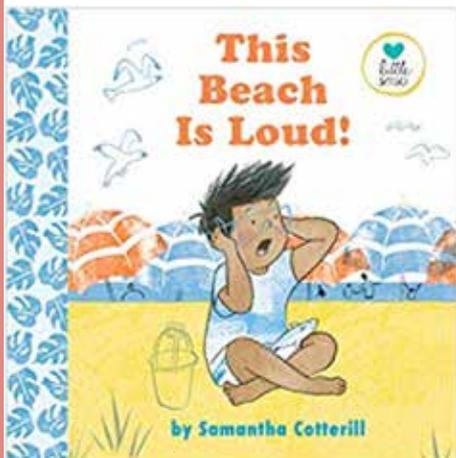
Nope. Never. Not for Me! (Little Senses)

Samantha Cotterill

Penguin Random House

ISBN: 978-0525553441

This story of a child trying a new food is reassuring and compassionate. It can be so hard and overwhelming for many people to explore a new taste experience. This simple book respects that journey, and could easily be used with sensory play. Be warned; the food in question is broccoli.



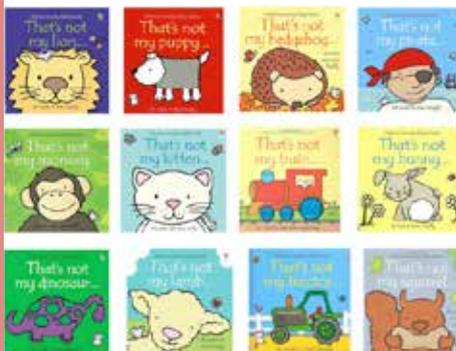
This Beach is Loud! (Little Senses)

Samantha Cotterill

Penguin Random House

ISBN: 978 0525553458

This is another book by Cotterill dealing with sensory sensitivity; this time at the beach. Sensory overload is distressing and overwhelming and this book could be a wonderful way to communicate understanding, and maybe explore some of the textures of the beach through sand-play, etc. in a supportive home environment.



That's Not My... Series

Fiona Watt, Rachel Wells

Usborne

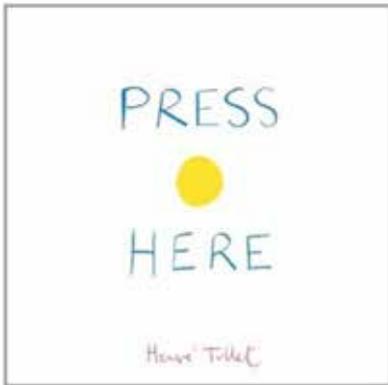
The pre-reading skills of page-turning, pointing and attending are invaluable, and these books include tempting textures and shiny parts, which are lovely things to touch. They cover a range of different themes, so can build vocabulary and an understanding of the times of the year in a fun way.



Nosy Crow

Nosy Crow are an independent publisher that specialises in books and apps. With the level of pleasure that screen time can give children, some of their apps (I really like Axel Scheffler's Flip Flap Series) might be a way to encourage a love of books and story in a tech-loving child.

Books that tell stories visually



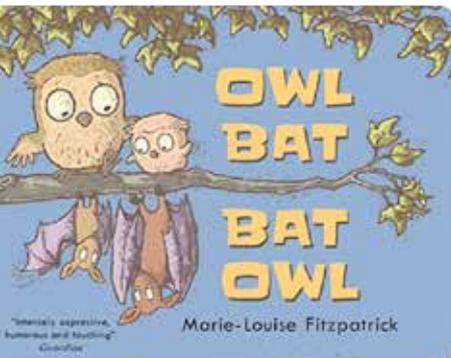
Press Here

Hervé Tullet

Chronicle Books

ISBN: 9780811879545

Hervé Tullet's work is so visual and structured, while still being playful and warm. Press Here is my favourite, but he has a range of books that play to different sensory and visual interests and support fine motor development in a range of ways.



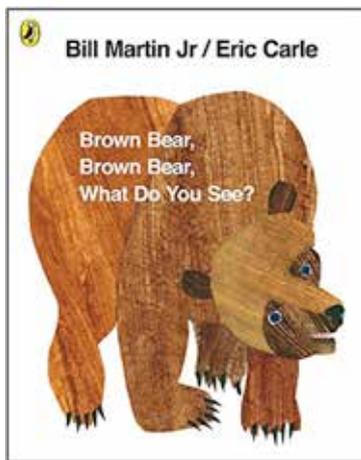
Owl Bat Bat Owl

Marie-Louise Fitzpatrick

Walker Books

ISBN: 9781406377408

This wordless picture book is a reminder that you don't have to use language to communicate something deep, intricate and important. There's a warmth and respect for the reader running through this, as well as hidden gems for visual thinkers to spot on a re-read!



Brown Bear, Brown Bear, What Do You See?

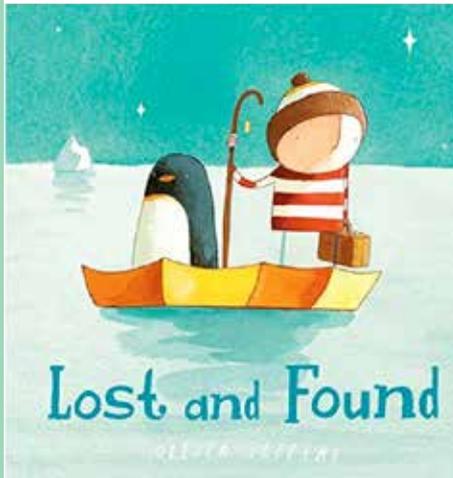
Bill Martin Jr, Eric Carle

Doubleday

ISBN: 9780141501598

This simply told story is another highly visual, lámh-friendly book, that supports emerging understanding of language. There are PECs to encourage communication around the story available online. Eric Carle has many other books, so you might be able to tailor the text to the subject matter and colour palette the reader prefers.

***Editors Note:** PEC stands for Picture Exchange Communication System; Lámh is a manual sign system used by children and adults with intellectual disability and communication needs in Ireland.*



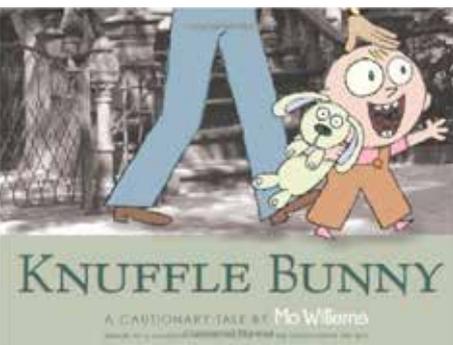
Lost and Found

Oliver Jeffers

Penguin Random House

ISBN: 9780007549238

I'm such a fan of the little boy in several of Oliver Jeffer's books, with his engineer's brain and his love of wearing the same outfit all the time. This story of journeying and atypical friendship is a real gem.



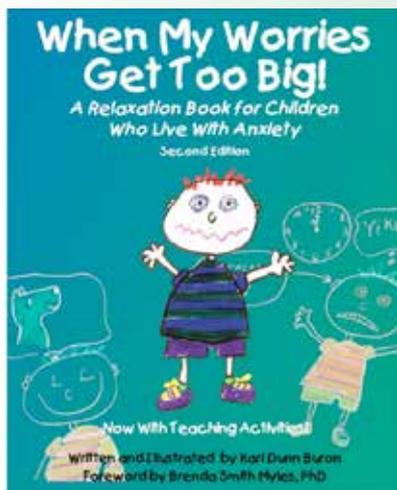
Knuffle Bunny

Mo Willems

Hachette Books

ISBN: 9780786818709

Comfort objects and toys can really help to reduce anxiety, but what if they get lost? This book covers an emerging speaker who can't make her needs clear. It is a struggle many pre-verbal children will share. The compassion and warmth Willems brings to this story is heartening.



When My Worries Get Too Big!

Kari Dunn Buron

AAPC Publishing

ISBN: 9781937473808

This book is a workbook that you can tailor to the individual. It explains how different things can make people feel anxious and how to develop strategies for calming yourself down and feeling okay again.



It's Okay to Be Different

Todd Parr

Little Brown

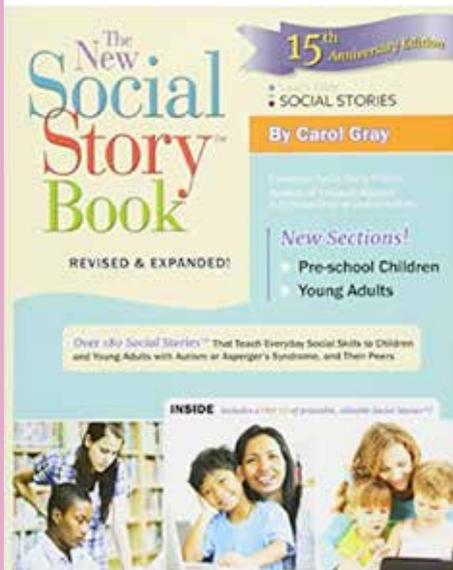
ISBN: 978-0316043472

This quirky, comforting book with its bold primary colours and message of tolerance has a potent mixture of strength and kindness.

Books about passions

If a child has something they're passionate about, or deeply interested in, this can be a great way to get them to understand the pleasure books can offer. Whether it be Lego, public transport systems, animals or something completely different, your local library will probably be able to get it, or at the very least something in the right direction! I was going to list a range of common passions here, but it's basically anything and everything. And if someone you value who is on the spectrum has a special interest, they will probably have been kind enough to share it with you at some point. Listening, appreciating and encouraging the things that matter to them builds trust and happiness as well as reading skills.

Books that explain the world around us



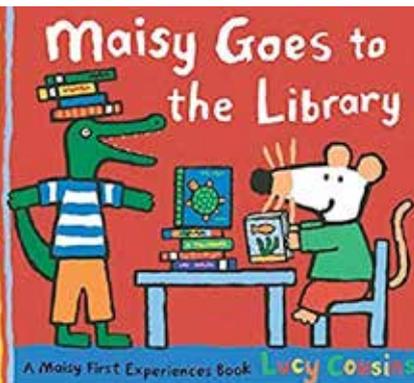
The New Social Story Book

Carol Gray

Future Horizons, ISBN: 9781941765166

Social Stories, particularly those tailored to a person's strengths and interests can be invaluable in guiding and supporting an autistic person through transitions and new experiences. However, the best person to write these is the teacher or caregiver, with photographs of the real world circumstances to make the story as helpful as possible. From skill-building to social skills, these stories can be such a support to a person who finds the world confusing and surprising at times. This book has a range of ready to go stories, as well as guidance on how to effectively use them to make sure they are helpful and positive.

Editors Note: look for dlr Libraries own social stories on our website under each individual library listing <https://libraries.dlrcoco.ie/using-your-library/find-your-library>



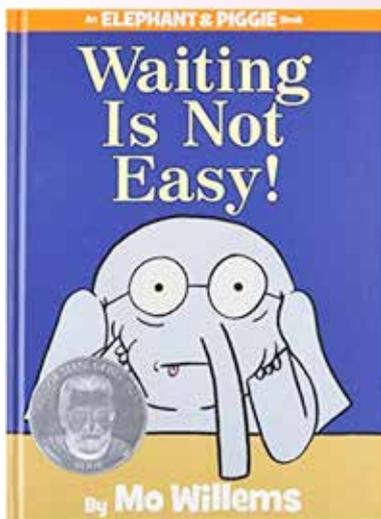
Maisy Goes to the Library

Lucy Cousins

Walker

ISBN: 9781406306965

Maisy the mouse has a range of different books that explore new places children can go. These could be used to familiarise a child with things that might happen in those places. They're also brightly coloured, and fun to read aloud.



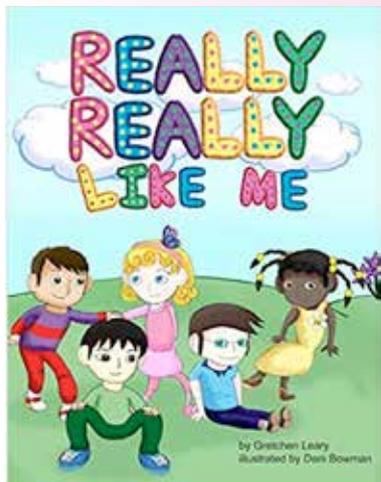
The Elephant and Piggie Series Waiting is not easy!

Mo Willems

Hyperion

ISBN: 9781423199571

These witty, entertaining books deal with a range of different circumstances that might impact a friendship. From joining in with play, turn-taking and waiting, they playfully and compassionately deal with a range of skills that any child, autistic or otherwise, might find challenging.



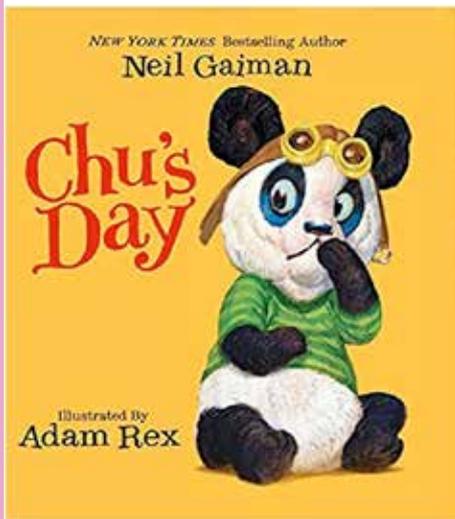
Really Really Like Me

Gretchen Leary

Dani Bowman

ISBN: 9781304175984

This is an interactive book about inclusion and acceptance. Written and illustrated by two autistic women, it is important for neurodiverse and neurotypical kids alike.



Chu's Day

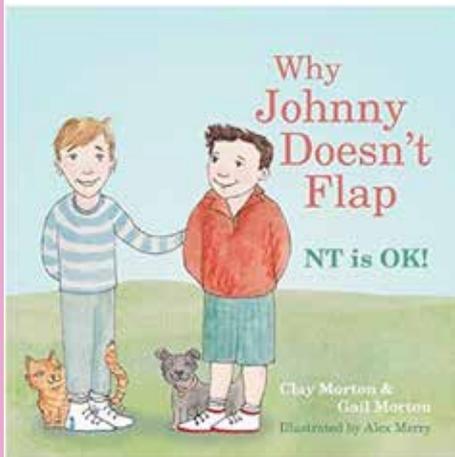
Neil Gaiman

Adam Rex

HarperFestival

ISBN: 9780062347466

Chu visits a range of places with his mother and father over the course of the story. In terms of building anticipation, facilitating talk and discussion about different locations and having playful and reciprocal interactions this warm, sweet little book about a small panda is a treasure. I've used it a lot!



Why Johnny Doesn't Flap

Clay and Gail Morton

Alex Merry

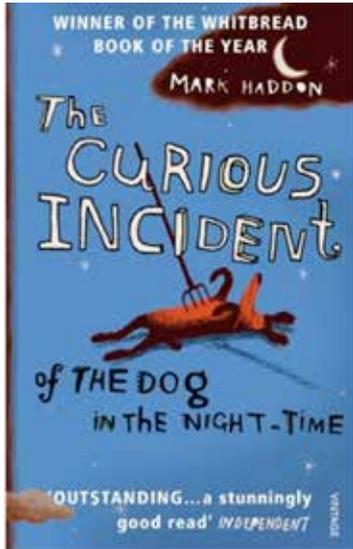
Jessica Kingsley

ISBN: 9781849057219

A book explaining why neurotypical people are the way they are. They might not play games according to the rules, or be punctual, or show their emotions with their hands, but that's okay. A book that centres autistic people and their experience of the world is a rare and wonderful thing, as every child should have the opportunity to see themselves in fiction.

Books about autistic people

Fiction



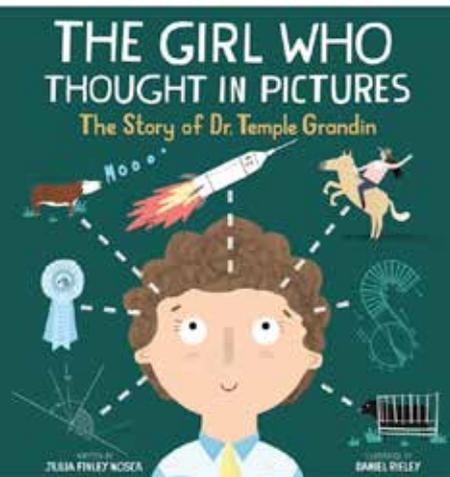
The Curious Incident of the Dog in the Night-Time

Mark Haddon

Vintage

ISBN: 9780099450252

This book needs very little introduction. A gripping read, with a fifteen year old protagonist on the autism spectrum.



The Girl Who Thought in Pictures: The Story of Dr. Temple Grandin

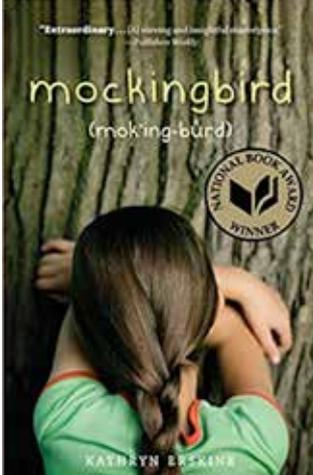
Julia Finley Mosca

Daniel Rieley

The Innovation Press

ISBN: 9781943147304

A rhyming, illustrated tale about the amazing things Dr. Grandin has achieved, not in spite of her autism but because of it. With a note from the woman herself!



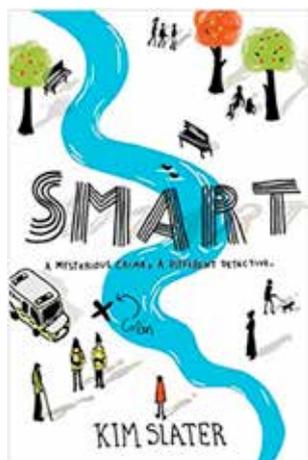
Mockingbird

Kathryn Erskine

Puffin Books

ISBN: 9781409538585

Caitlin is trying to come to terms with a devastating loss, but it isn't easy. This sensitive, artfully crafted novel is suitable for ages ten and up.



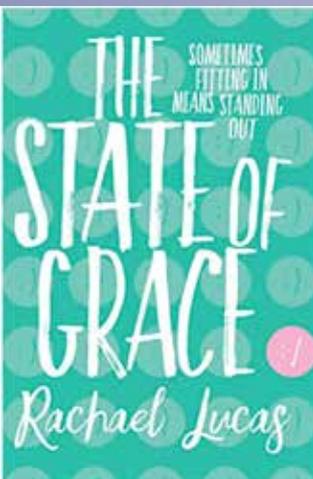
Smart

Kim Slater

Macmillan Children's Books

ISBN: 9781447236672

Kieran Woods is trying to solve the murder of a homeless man, but danger and secrets lurk everywhere. This book deals with a lot of dark themes with a deft hand and deep respect.



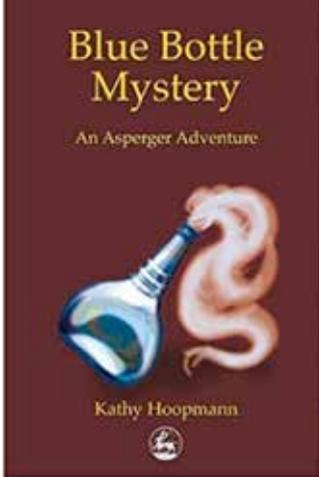
The State of Grace

Rachel Lucas

Macmillan Children's Books

ISBN: 9781509839551

This young adult novel is about coping with change, fitting in and being autistic in a world that doesn't make sense.



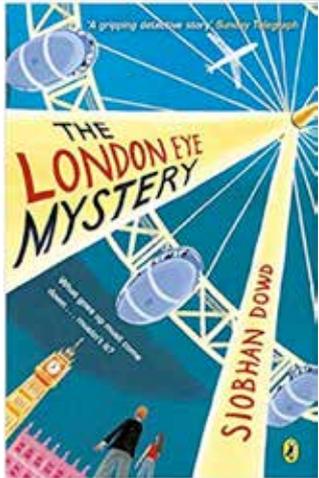
Blue Bottle Mystery: An Asperger Adventure

Kathy Hoopmann

Jessica Kingsley

ISBN: 9781853029783

From the writer of *All Cats Have Asperger Syndrome* (a decent introduction to support understanding in neurotypical kids) comes a fantasy adventure for children aged eight and up with Ben, an autistic protagonist.



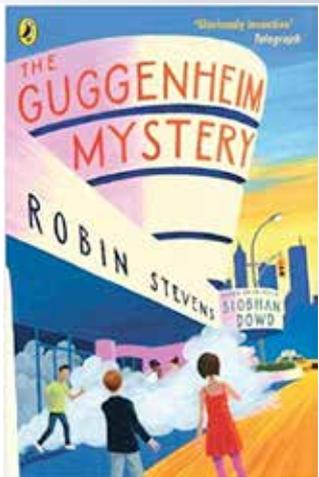
The London Eye Mystery

Siobhán Dowd

David Fickling Books

ISBN: 9780141376554

Two siblings solve the mystery of their missing cousin. This is a story of family and difference, where an autistic person's ingenuity makes all the difference. For ages eight and up.



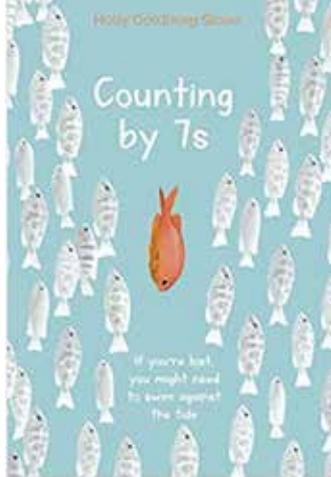
The Guggenheim Mystery

Robin Stevens

Puffin

ISBN: 9780141377032

In this sequel to the *London Eye Mystery*, Stevens crafts a compelling mystery and a sensitive character study at the same time.



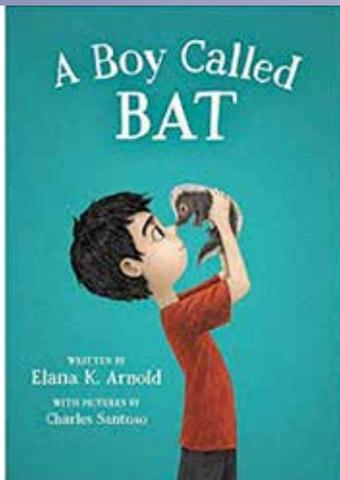
Counting by 7s

Holly Goldberg Sloan

Penguin Random House

ISBN: 9781848123823

Willow, a unique and clever thinker, finds it calming to count by sevens. When she loses her parents, she finds herself alone in a confusing world and must draw on reserves of strength to cope. This book is for ages ten and up.



A Boy Called Bat

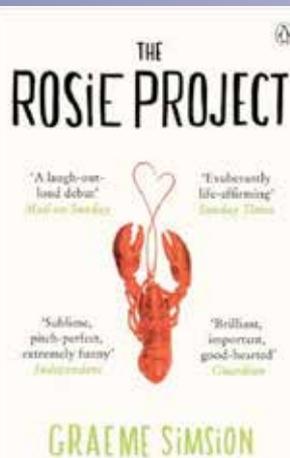
Elana K. Arnold

Charles Santoso

Harper Collins

ISBN: 9780062445827

This is the first in a series of books about Bat, focusing on his experiences and challenges at school and at home. For ages six and up.



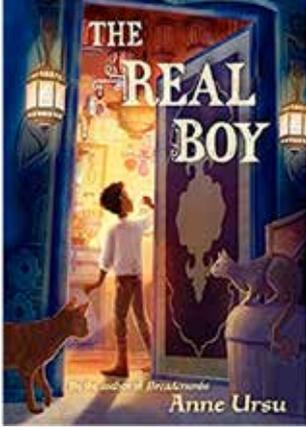
The Rosie Project

Graeme Simsion

Penguin

ISBN: 9781405912792

A romantic comedy with an autistic protagonist, this book is suitable for older readers.



The Real Boy

Anne Ursu

Walden Pond Press

ISBN: 9780062015075

Magic and a changing world combine in this fantasy book for readers eight and over.



Forever Neverland

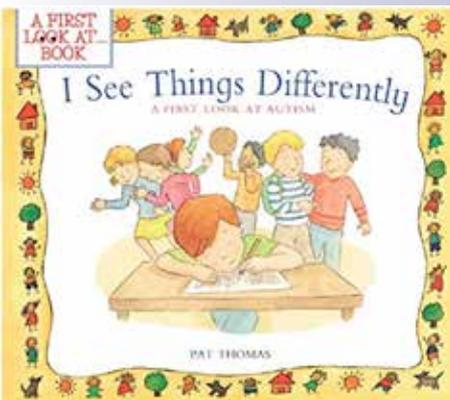
Susan Adrian

Penguin Random House

ISBN: 9780525579267

An autistic boy gets to go to Neverland, in this sequel to Peter Pan.

Non-Fiction



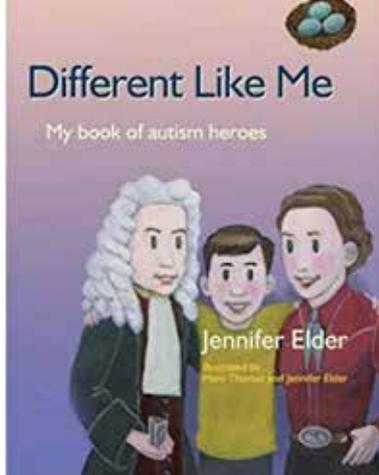
I See Things Differently

Pat Thomas

B.E.S publishing

ISBN: 9781438004792

A picture book to help younger neurotypical children understand autism, the impact it has and how to be supportive to an autistic person.



Different Like Me: My Book of Autism Heroes

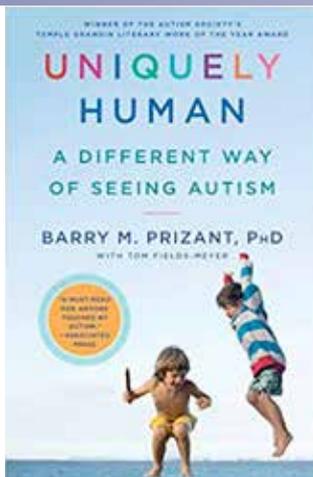
Jennifer Elder

Marc Thomas

Jessica Kingsley

ISBN: 9781843108153

An illustrated book about people on the spectrum who achieved great things, but found it difficult to fit in to society. Suitable for ages seven plus.



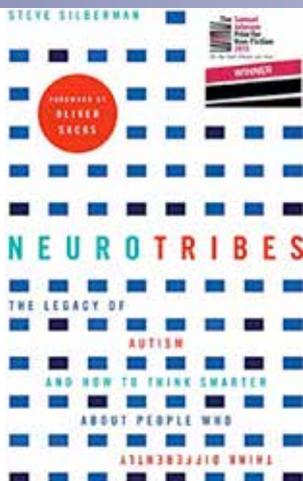
Uniquely Human: A Different Way of Seeing Autism

Barry M. Prizant

Simon & Schuster

ISBN: 9781788164023

I love this book, which focuses on understanding and respect for the individual, and how you can best support them, rather than seeking to eliminate symptoms. The compassion, and positivity as well as the sound advice make this an essential read.



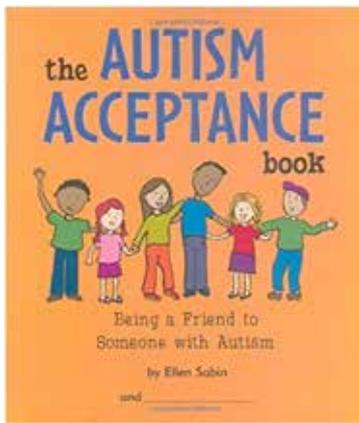
Neurotribes

Steve Silberman

Allen and Unwin

ISBN: 9781760113636

An award-winning history of autism, this book seeks to explore the secret history of autism, and to foster increased awareness and understanding. Powerful.



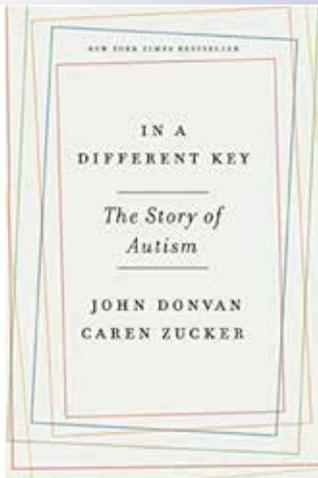
The Autism Acceptance Book

Ellen Sabin

Watering Can Press

ISBN: 9780975986820

An educational tool for children age six and up, with an emphasis on respect and kindness.



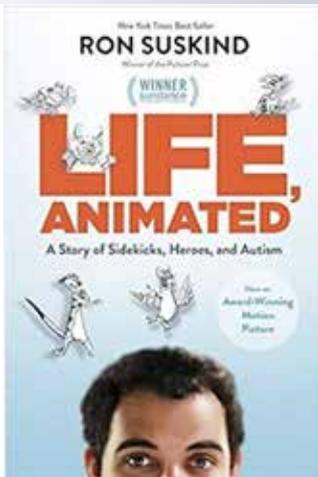
In a Different Key: The Story of Autism

John Donvan and Caren Zucker

Crownwell

ISBN: 9780241958179

A history of autism, from the first child to be diagnosed to the increased level of awareness and acceptance we are experiencing today.



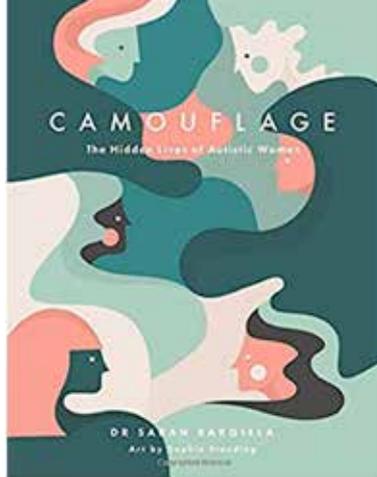
Life, Animated: A Story of Sidekicks, Heroes and Autism

Ron Suskind

Kingswell

ISBN: 9781423180364

A memoir by the parent of an autistic child, this book focuses on how Owen's passion for Disney movies helped him to communicate with his family.



Camouflage: The Hidden Lives of Autistic Women

Sarah Bargiela

Sophie Standing

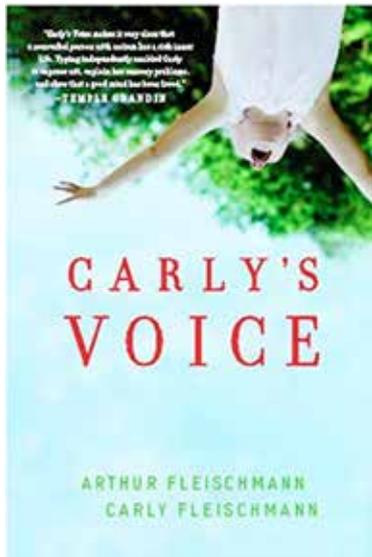
Jessica Kingsley

ISBN: 9781785925665

This graphic novel is a visual insight into the lives of women on the spectrum, incorporating social situations, special interests and how to create more accessible environments.

Books by autistic people

Memoir



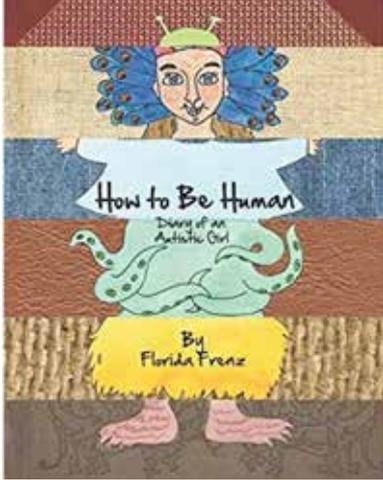
Carly's Voice

Arthur and Carly Fleischmann

Touchstone

ISBN: 9781439194157

Co-written with her father, this book tells the story of a non-verbal girl on the spectrum, and the dangers of underestimating her potential.



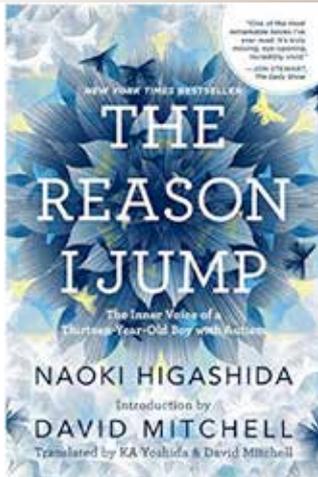
How to Be Human: Diary of an Autistic Girl

Florida Frenz

Creston Books

ISBN: 9781939547019

An illustrated diary charting an autistic girl's path through school, from the age of eight till her first year in high school.



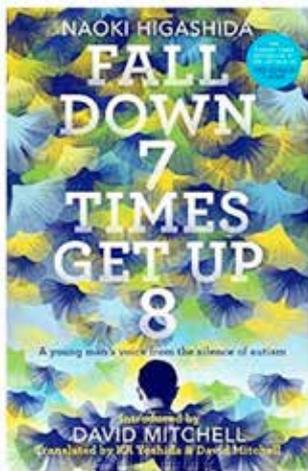
The Reason I Jump

Naoki Higashida and David Mitchell

Random House

ISBN: 9780812994865

A wonderfully helpful insight into how Naoki experiences his autism, this book may be especially helpful for parents, therapists and caregivers.



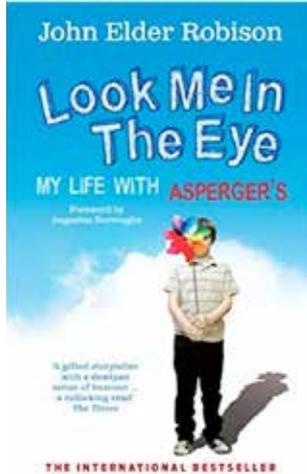
Fall Down Seven Times, Get Up Eight

Naoki Higashida and David Mitchell

Sceptre

ISBN: 9781444799101

This book builds on the insights from *The Reason I Jump* and also contains some short fiction from Naoki Higashida, a largely non-verbal young man who uses an alphabet grid to build up sentences.



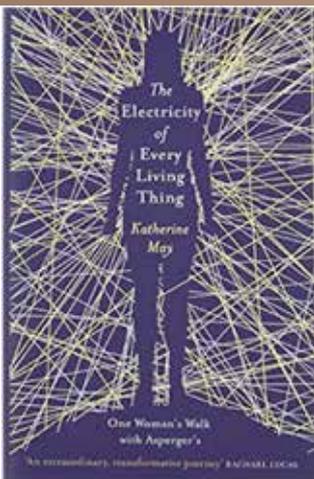
Look Me in the Eye: My Life with Asperger's

John Elder Robison

ebury press

ISBN: 9780091926335

A memoir of autism and brotherhood, set in a world before diagnosis was as common as it is now.



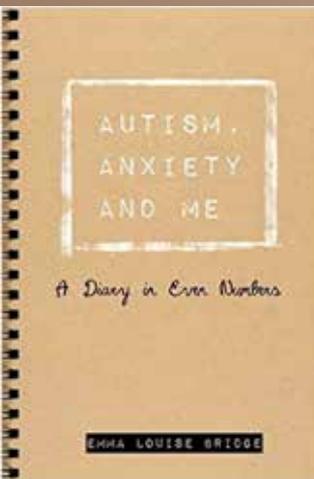
The Electricity of Every Living Thing: One Woman's Walk with Asperger's

Katherine May

Trapeze

ISBN: 9781409172505

A memoir about a walk in the wilderness, and coming to terms with a diagnosis of Asperger's.



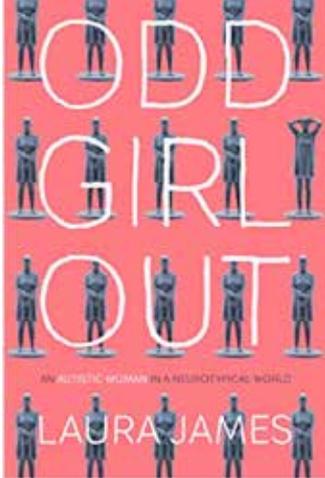
Autism, Anxiety and Me: A Diary in Even Numbers

Emma Louise Bridge

Jessica Kingsley

ISBN: 9781785920776

This diary offers the perspective of a young autistic woman coping with anxiety and the transition to adulthood.



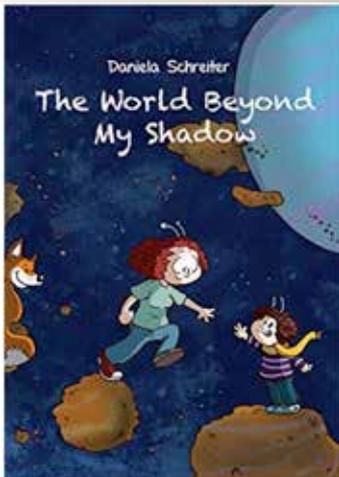
Odd Girl Out: An Autistic Woman in a Neurotypical World

Laura James

Bluebird

ISBN: 9781509843824

A woman coming to terms with a late in life diagnosis of autism explains her personal journey but also delves into what it means to be a woman on the spectrum.



The World Beyond My Shadow

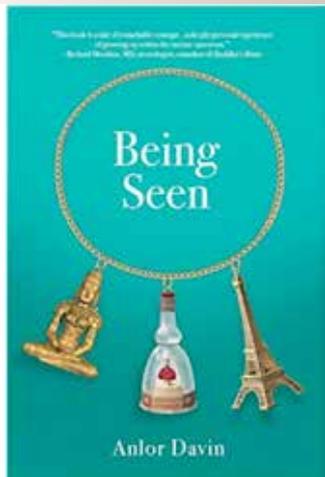
Daniela Schreiter

Amazon Digital Services

ASIN: B01GSDHDLQ

Please note this title is only available from Amazon Kindle store.

This autobiographical graphic novel uses the metaphor of space and planets to entertain and enlighten the reader.



Being Seen: Memoir of an Autistic Mother, Immigrant, And Zen Student

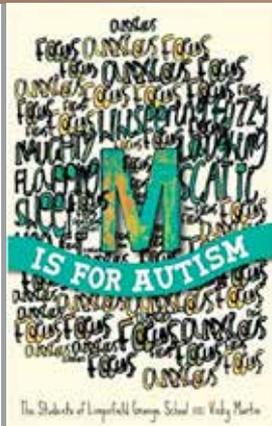
Anlor Davin

Bookbab

ISBN: 9780991436934

This book looks at the struggles to fit in, the value of diagnosis, and the use of meditation and spiritual practice in supporting well-being.

Fiction

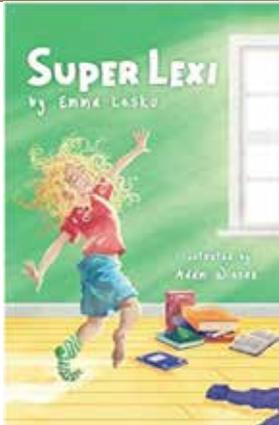


M is for Autism

The Students of Lingsfield Grange School and Vicky Martin
Jessica Kingsley

ISBN: 9781849056847

This book, and its sequel *M in the Middle*, draw on real-life experiences to explore what it means to negotiate your early teens while being autistic.



Super Lexi

Emma Lesko
Adam Winsor
Red Leather Books

ISBN: 9780991431007

A witty and wonderful book about autism, anxiety, and school. For readers age seven and over.

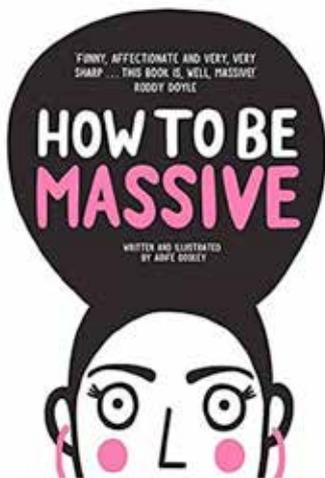


Mouse

Richard Ford Burley
Prospective Press Teen

ISBN: 9781943419500

Ghosts, magic and a non-verbal teen who just might be able to stop the apocalypse, combine in this young adult novel.



How to Be Massive

Aoife Dooley

Gill Books

ISBN: 9780717172702

This illustrated collection, from creator of Your One Nikita is visual thinking and observational humour combined. Dooley is currently making comics about autism on her website too, which are well worth a look.

Non-Fiction



Loud Hands: Autistic People, Speaking

ed. Julia Bascom

Autistic Self Advocacy Network

ISBN: 9781938800023

A collection of essays (the title one might make you cry), by and about autistic people. Essential and powerful reading.

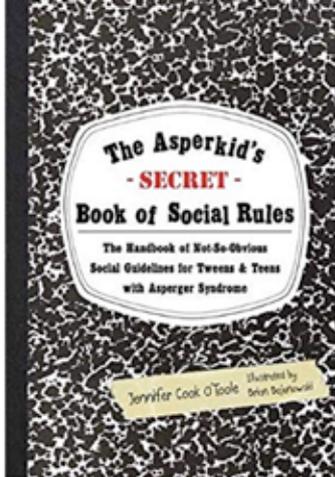
Stim: An Autism Anthology

ed. Lizzie Huxley Jones

(Unbound)

To be published April 2020

This book has not got a firm release date as of yet, but it looks set to be a diverse and compelling range of voices from people celebrating the creativity and value of the autistic experience.



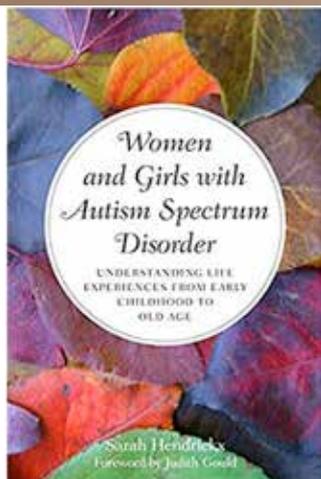
The Asperkid's (Secret) Book of Social Rules: The Handbook of Not-So-Obvious Social Guidelines for Tweens and Teens with Asperger Syndrome

Jennifer Cook O'Toole

Jessica Kingsley

ISBN: 9781849059152

This guidebook takes readers through a range of hidden social rules with warmth, wit and understanding. Written by 'a former asperkid', it may be especially helpful for those between ten and seventeen.



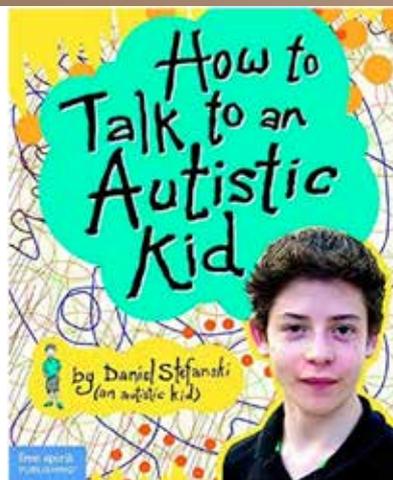
Women and Girls with Autism Spectrum Disorder: Understanding Life Experiences from Early Childhood to Old Age

Sarah Hendrickx

Jessica Kingsley

ISBN: 9781849055475

This book looks at the difference being female makes to the diagnosis and experiences of autism, combining the academic and the personal.



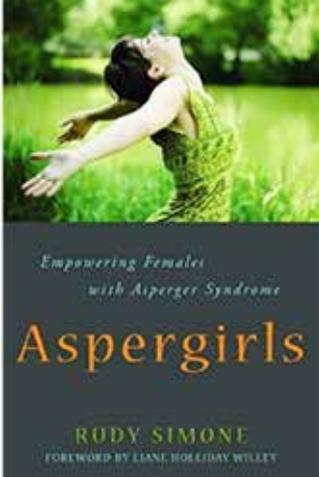
How to Talk to an Autistic Kid

Daniel Stefanski

Free Spirit Publishing

ISBN: 9781575423654

A guide for neurotypicals, from a fourteen year old autistic boy.



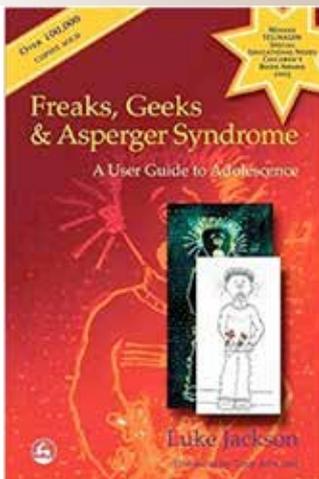
Aspergirls

Rudy Simone

Jessica Kingsley

ISBN: 9781849058261

This award winning book deals with the female experience of autism. The author is self-diagnosed, but her interview subjects for this work all had a formal diagnosis.



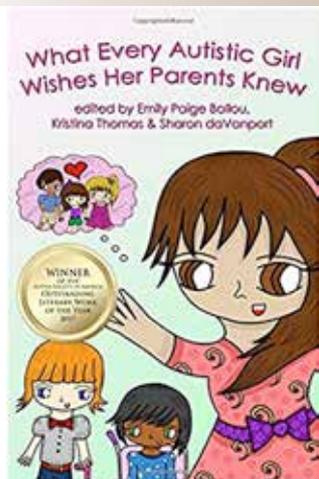
Freaks, Geeks & Asperger Syndrome: A User Guide to Adolescence

Luke Jackson

Jessica Kingsley

ISBN: 9781843100980

Written by an autistic teenager, this guide offers advice on friendships, bullying, sharing your diagnosis, dating and a whole lot more.



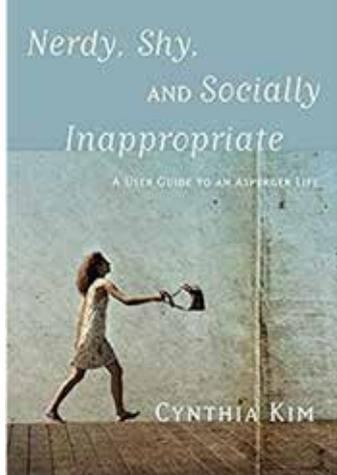
What Every Autistic Girl Wishes Her Parents Knew

Autism Women's Network

Autism Women's Network

ISBN: 9780997504521

A collection of works by and about autistic girls providing invaluable insights into the challenges the world can present, and how best to encourage and support autistic people.



Nerdy, Shy, and Socially Inappropriate: A User Guide to an Asperger Life

Cynthia Kim

Jessica Kingsley

ISBN: 9781849057578

A guide to living with autism, from someone who has been there. This book offers different strategies for self-care, including martial arts.

About the Author

This reading guide was compiled for dlr Libraries by author **Deirdre Sullivan**. Deirdre is a teacher who has worked in an autism-specific setting for over six years. Her books include *The Primrose Leary* trilogy, *Needlework*, *Tangleweed and Brine* and her newest book, *Perfectly Preventable Deaths*. She is passionate about reading, writing, communication and the need to celebrate neuro-diversity.



Ask for ASC at dlr Libraries

The ASC lending collection includes sensory/tactile toys and equipment; tools to help build motor skills and items that may help develop life skills. The ASC lending collection will be housed in dlr Lexicon and can be accessed in libraries throughout the county. We are delighted to introduce this collection as a pilot programme and welcome your feedback. It is hoped that this collection will expand over the coming years in response to community needs.

Conditions of Use

- Membership is free to any individual who lives, works or goes to school in the dlr area.
- A dedicated ASC Library Card is required to access this collection.
- A letter of referral is required in order to obtain an ASC card. This can be from an Occupational Therapist, Medical Practitioner, Resource Teacher or other professional working with the child/adult.
- Special Needs Assistants and classroom teachers can also avail of the service. A letter from the Principal on behalf of the school is required.
- We suggest that you book the item you require in advance. You may do this by emailing libraryculture@dlrcoco.ie
- All items are issued for a three week period and may be requested/renewed by emailing libraryculture@dlrcoco.ie
- This is a pilot programme and only one item at a time may be borrowed.
- In the interests of Health & Safety please inform library staff if equipment is incomplete or faulty.
- Library staff can assist users of this service, but cannot make recommendations on equipment.
- Items in this catalogue are current at time of publication (October 2019).

Fine Motor Skills



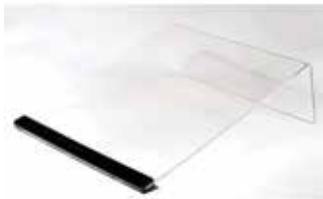
Helping hands fine motor kit

3 available

Help children develop fine-motor and pre-scissor skills and get ready for writing, cutting, and more.

Includes: Gator Grabber Tweezers, Handy Scoopers, Twisty Droppers, Squeezy Tweezers.

Promotes: sensory integration, fine motor skills



Writing slope

2 available

The writing slope and slant board enables children to work and write at the optimum angle. Each sturdy slope is set at the recommended angle of 20 degrees and has a rubber grip to prevent slipping.

Promotes: handwriting skills, literacy skills, coordination

Gross Motor Skills

Gross motor kit

1 available



A selection of items used to promote gross motor skills.

Includes: Scooter Board, Scooter Board Activities Fun Deck, Move Your Body Fun Deck, 8 Activity Cones, Gym Ball 55cm, Pedal Racer.

Promotes: coordination, motor planning, balance, stability, core strengthening

Movin' sit wedge cushion

3 available



The Movin' sit wedge cushion is an inflatable wedge seat used for dynamic seating/movement while sitting

Promotes: core strengthening, concentration, sensory stimulation

Sens'O'Roll massage ball

1 available



Gym ball with an all-over pimpled surface for a sensory and tactile experience.

Promotes: gross motor skills, sensory stimulation



Peanut physio roll

1 available 55cm yellow and 1 available 30 cm blue

Used by therapists worldwide, the physio roll offers stability and treatment options for more physically challenged patients. The saddle-like seat provides stability, comfort and confidence so clients of every age and nearly every diagnosis may participate in ball therapy.

Promotes: flexibility, coordination, gross motor skills, core strengthening, balance



Maze balance board

3 available

A circular balance board that enhances balance and coordination. The snail labyrinth pattern on the board provides challenge and amusement when users move the ball backwards and forwards. Includes 3 balls. Up to 80 kg loadable.

Promotes: coordination, balance, concentration, visual processing, motor planning

Sensory • Tactile



Fidget mats

2 available

A weighted lap pad with lots of fidgets including pull-string vibration.

Promotes: sensory stimulation, self-regulation, calming



Ear defenders

3 available

Blocks out distracting noise and helps child to focus on a given task. Noise attenuation of 26dB. Suitable for ages 6 months - 16 years.

Promotes: concentration, calming



Laser Twilight

1 available

Rotating lamp star projector that reflects stars and cloud formations onto ceiling and walls.

Promotes: sensory stimulation, visual stimulation, self-regulation, calming



Sensory Kit

1 available

This kit features a selection of sensory tools that helps children attend and focus more effectively in the classroom, or at home.

Includes: 1 Disc'o'sit Junior, 1 pencil grip, 2 kneadable eraser, 1 squishy squeeze ball, 1 fidgeting foot band.

Promotes: sensory integration, fine motor skills



Lap Weights

3 available

Lap weights have a calming effect, providing reassuring downward pressure to the upper thighs while the user is in a seated position. Helps attention span and reduces excessive fidgeting.

Promotes: relaxation, concentration, self-regulation, calming

Play • Life Skills

Doorbell house

2 available

An incredible toy to help with fine motor skills, hand eye co-ordination and understand cause and effect. Four electronic doorbell sounds, four unique locks with matching keys, four pose-able play people are included.

Promotes: fine motor skills, creativity, auditory skills, numeracy



Basic skills board

3 available

Learn to dress bear. Practice buttons, zips, velcro, laces and buckles.

Promotes: dressing skills, fine motor skills, developing independence



Lacing shoe

3 available

Few things will give your child more satisfaction than mastering shoe-lacing and tying skills.

Promotes: developing independence, fine motor skills, bilateral integration, dressing skills





Latches board

1 available

Undo a latch, swing open the numbered door, and count on fun when the picture beneath is revealed on this wooden play board. Build fine motor skills while learning colours, numbers, animals and more.

Promotes: basic problem solving, fine motor skills, colour and number recognition, counting, bilateral movement



Wooden lacing farm animals

1 available

Contains five sturdy, double-sided wooden lacing panels, plus five colour-coordinated laces. Supplied in a wooden storage tray.

Promotes: hand-eye coordination, fine motor skills, attention skills



Animal threading

3 available

Featuring 30 animal pieces and 5 different coloured laces. The cartoon animals are bright and colourful; young children will thread for hours at a time and enjoy mixing the pieces up to create jumbled-up animals.

Promotes: concentration skills, coordination skills, fine motor skills



Sand timers

1 available each in 2, 5 and 10 min timers

Sand timer helps students of all ages and abilities see and understand the passage of time. Teach the concept of time and learn to visualise time as a measurement, manage activities and reduce stress of transitions. Sturdy and durable with moulded end caps and thick wall surrounds. These large sand timers are an ideal resource for teachers to encourage tasks to be completed on time.

Promotes: start and finish tasks, time management, encourages independence



- Quiet Tuesday in Cabinteely Library, 5-7.30pm
- Quiet Wednesday in Dundrum Library, 5.30-7.30pm
- Quiet/Sensory room in Deansgrange Library, Thursdays 5-7.30pm and Fridays 2-4.30pm
- Sensory boxes available in each dlr library
- Social stories for each library on dlr Libraries website
- Autism friendly and autism specific events throughout the year

Branch Libraries

Blackrock Library:

T 01 288 8117

E blackrocklib@dlrcoco.ie

Cabinteely Library:

T 01 285 5363

E cabinteelylib@dlrcoco.ie

Dalkey Library:

T 01 285 5277

E dalkeylib@dlrcoco.ie

Deansgrange Library:

T 01 285 0860

E deansgrangelib@dlrcoco.ie

dlr LexIcon:

T 01 280 1147

E dlrlexiconlib@dlrcoco.ie

Dundrum Library:

T 01 298 5000

E dundrumlib@dlrcoco.ie

Shankill Library:

T 01 282 3081

E shankilllib@dlrcoco.ie

Stillorgan Library:

T 01 288 9655

E stillorganlib@dlrcoco.ie

Accessibility Information

All dlr Libraries have accessible ramped entrances. dlr LexIcon, Blackrock and Dalkey Libraries have lift access to their upper levels. Please note that there is stair access only to the upper level in Dundrum Library. All dlr Libraries have accessible public toilets.

Stay in touch with dlr Libraries

Sign up on our homepage, www.libraries.dlrcoco.ie, to receive dlr Libraries news and events delivered straight to your inbox each fortnight. You can unsubscribe at any time.

dlr Libraries are active on social media! Follow us for news, updates, events, and fun!



Clár Éire Ildánach
Creative Ireland
Programme
2017-2022



ASC

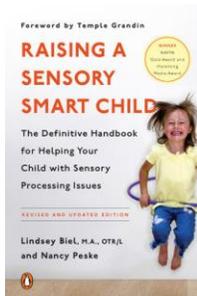
dlr Libraries

Autism Spectrum Collection

**Update to reading guide and lending
collection**

Updated 2021

Books – Non-Fiction



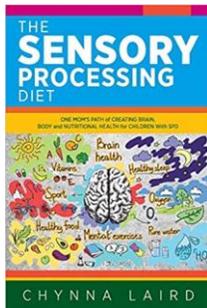
Raising a Sensory Smart Child: The Definitive Handbook for Helping your Child with Sensory Processing Issues

Lindsey Biel and Nancy Peske

Penguin Random House

ISBN: 9780143115342

A fully revised edition of the most comprehensive guide to sensory processing challenges.



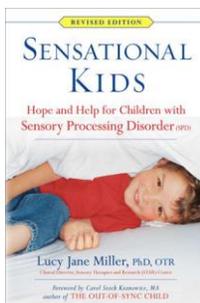
The Sensory Processing Diet: One Mom's Path of Creating Brain, Body and Nutritional Health for Children with SPD

Chynna Laird

Loving Healing Press

ISBN: 9781615995219

As the mother of a child with SPD, the author shares the keys of a well-balanced nutritional diet and the activities and exercises that truly work.



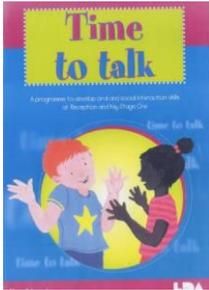
Sensational Kids: Hope and Help for Children with Sensory Processing Disorder (SPD)

Lucy Jane Miller

Penguin Random House

ISBN: 9780399167829

Revised and updated—the authoritative bestseller that presents the latest research on Sensory Processing Disorder.



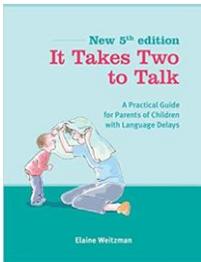
Time to Talk

Alison Schroeder

Learning Development Aids

ISBN: 9781855033092

Containing 40 sessions, aims to help teachers to develop the "rules" of interaction with the help of the character Ginger the Bear, who features in all the activities.



It Takes Two To Talk: A Practical Guide For Parents of Children With Language Delays

Elaine Weitzman

Hanen

ISBN: 9780921145523

Gives parents the tools to make early language intervention a natural, ongoing part of everyday life with their child.

Fine Motor Skills



Marble Run

1 available

Children can create small, simple marble runs or more complex structures with the colourful slot-together plastic pieces.

Promotes: logical thinking, creativity, fine motor skills



Magnetic Polydron

1 available

With over 100 magnets, the polydron is ideal for small groups or individuals, allowing children to explore shape, space and magnetism in one exercise.

Promotes: hand-eye coordination, pattern recognition



Super Sorting Pie

1 available

The Super Sorting Pie teaches key early numeracy skills as children sort the fruit counters by their attributes.

Promotes: fine motor skills, numeracy



Pattern Blocks

1 available

Design templates ready to fill with brightly coloured geometric shapes.

Promotes: concentration, fine motor skills and matching and sorting



My First Workbench

1 available

This creative construction set supports STEAM learning through artistic play and basic engineering.

Promotes: logical thinking, creativity and fine motor skills



Manipulative Doll

1 available

This soft doll helps promote dressing skills and is dressed in several layers of clothes with different fastenings (wooden and plastic buttons, studs, velcros, zips, laces and buckles)

Promotes: dressing skills, fine motor skills, developing independence



Illumi Marking Board Set

1 available

This portable glowing mark making board brings awe and wonder to writing anywhere, with mark making brought to life through light up colour sequences.

Promotes: handwriting, drawing and fine motor skills



Set Essential Scissors Kit

1 available

This kit is ideal for children who need assistance with scissor skill development and contains 7 scissors including left hand versions where appropriate

Promotes: sensory integration, fine motor skills



Sandwich Making Set

1 available

Containing 16 ingredients in a wooden storage tray, this kit helps children to learn about different foods and encourage them to make healthy choices and try new things in real life.

Promotes: developing independence, fine motor skills, encourages imagination



Cutting Food

1 available

This set contains eight pieces of wooden food, a cutting board and a wooden knife. Food makes a fun "CRUNCH" sound when sliced. With 31 pieces, it's also a great way to introduce the concepts of part, whole and fractions!

Promotes: developing independence, fine motor skills, hand-eye coordination



Hilltops

1 available

This set of five 'hilltops', at different heights, will inspire children to jump from top to top. Hilltops develop children's ability to estimate distances and heights.

Each top has a rubber rim to prevent them from slipping and to protect the floor. Hilltops are made so that they cannot overturn.

Promotes: coordination, motor planning, balance, stability,

Sensory □ Tactile



Wooden Sound Making Blocks

1 available

This set contains 4 pairs of blocks with different tones.

Promotes: sensory stimulation and self-regulation



Colour Changing Mood Blocks

1 available

Cube shaped lights that glow and change colour.

Promotes: sensory stimulation and self-regulation



Weighted Snake

1 available

A 1kg is weighted snake, it can be placed across the shoulders, on a lap or just held all the time providing wonderful deep calming pressure and a soft feel.

Promotes: relaxation, concentration, self-regulation, calming

Play Life Skills



See and Learn First Counting Kit

2 available

Teaching activities and comprehensive guidance to help parents and educators teach children the number words, numerals and counting from 1 to 10.

Includes: visual supports, plastic counters, detailed guides and record sheets.

Promotes: number recognition, counting, numeracy



See and Learn Speech Sounds Kit

2 available

Designed to help young children listen to and learn speech sounds, identify the differences between sounds and to produce individual speech sounds.

Includes: visual supports, detailed guides and record sheets.

Promotes: literacy skills, concentration, communication



See and Learn Combining Sounds Kit

2 available

Designed to help children practise putting consonant and vowel sounds together.

Includes: visual supports, detailed guides and record sheets.

Promotes: literacy skills, concentration, communication

See and Learn Saying Words Kits

The See and Learn Saying Words Kits provide simple activities that encourage the imitation and repetition of one- and two-syllable words. The target words represent a range of vowel-consonants combinations and are selected from vocabulary suitable for younger children.

There are three different kits available with two of each available in our collection. See more information on each kit below.



See and Learn Saying Words Kit (1)

2 available

Includes eight sets of words, each starting with a speech sound that usually develops early in typical development (b, d, m, p, y, n, w and h).

Includes: visual supports, detailed guides and record sheets.

Promotes: literacy skills, concentration, communication



See and Learn Saying Words Kit (2)

2 available

Includes seven sets of words, each starting with a particular speech sound (c/k, ch, f, g, r, t and v).

Includes: visual supports, detailed guides and record sheets.

Promotes: literacy skills, concentration, communication



See and Learn Saying Words Kit (3)

2 available

Includes activities to practice six sets of one or two syllable words beginning with sounds (sh, th, s, z, l, and j) that typically develop following those introduced in See and Learn Saying Words 2.

Includes: visual supports, detailed guides and record sheets.

Promotes: literacy skills, concentration, communication

See and Learn Vocabulary Kits

The See and Learn Vocabulary Kits provide activities and step-by-step guidance to help parents and educators teach young children to understand and say 60 common early words. These steps in the See and Learn Language and Reading program are designed to teach a common core early vocabulary.

There are three different kits available with two of each available in our collection. See more information on each kit below.



See and Learn Vocabulary Kit (1)

2 available

See and Learn Vocabulary 1 includes 2 sets of 48 pictures that provide visual support for teaching spoken language. New words are introduced steadily and taught through a sequence of 4 simple looking, matching, selecting and naming activities.

Includes: visual supports, detailed guides and record sheets.

Promotes: literacy skills, concentration, communication



See and Learn Vocabulary Kit (2)

2 available

See and Learn Vocabulary 2 includes 52 pictures that provide visual support for teaching spoken language. New words are introduced steadily and taught through a sequence of simple matching, selecting and naming activities.

Includes: visual supports, detailed guides and record sheets.

Promotes: literacy skills, concentration, communication



See and Learn Vocabulary Kit (3)

2 available

See and Learn Vocabulary 3 includes 54 pictures that provide visual support for teaching spoken language. New words are introduced steadily and taught through a sequence of simple matching, selecting and naming activities.

Includes: visual supports, detailed guides and record sheets.

Promotes: literacy skills, concentration, communication

See and Learn Phrases Kits

The See and Learn Phrases kits are designed to teach children to progress from using single words to using two words together when they talk. They teach two-keyword phrases illustrated in themed books using early vocabulary that is taught in the See and Learn Vocabulary kits. The kits also teach sight word reading using simple matching, selecting and naming activities.

There are three different kits available with two of each available in our collection. See more information on each kit below.



See and Learn Phrases Kit (1)

2 available

See and Learn Phrases 1 introduces children to early sight words to support the development of language skills.

Simple books are used to illustrate and contrast short phrases and sentences containing the sight words being taught with matching and selecting activities. New words and phrases are introduced to support the typical progression of language development – from single words, through various two keyword constructions and then three keyword sentences. The written words and phrases first taught in See and Learn Phrases 1 are selected to match these early stages of language learning.

Includes: sentence cards, simple books, detailed guides and record sheets.

Promotes: literacy skills, concentration, communication



See and Learn Phrases Kit (2)

2 available

See and Learn Phrases 2 teaches two-keyword phrases illustrated in themed books using early vocabulary that is taught in See and Learn Vocabulary 1 and 2. Building on the sight words learned in See and Learn Phrases 1, See and Learn Phrases 2 also teaches sight word reading using simple matching, selecting and naming activities.

Includes: sentence cards, simple books, detailed guides and record sheets.

Promotes: literacy skills, concentration, communication



See and Learn Phrases Kit (3)

2 available

See and Learn Phrases 3 teaches two-keyword phrases illustrated in themed books using early vocabulary that is taught in See and Learn Vocabulary 1, 2 and 3. Building on the sight words learned in See and Learn Phrases 1 and 2, See and Learn Phrases 3 also teaches sight word reading using simple matching, selecting and naming activities.

Includes: sentence cards, simple books, detailed guides and record sheets.

Promotes: literacy skills, concentration, communication



BBQ Emotions

1 available

Through gameplay and facilitated dialogue, children will begin to recognize their feelings, understand where they come from, and learn how to deal with them.

Includes: Skewer and base, 10 beads, 20 stickers, 10 2-faced game cards, 1 Poster and 1 teaching guide.

Promotes: empathy, co-operation and communication



Go Fish – Fishing for Feelings Game

1 available

This game teaches the skills needed to successfully deal with feelings, recognise feelings in others, and identify appropriate feelings.

Promotes: empathy, co-operation and communication



Sentence Building Dominoes

1 available

Building sentences becomes a game with this set of engaging, colour-coded dominoes! Dominoes are printed with nouns, pronouns, verbs, adjectives, adverbs, conjunctions and prepositions.

Promotes: literacy skills, coordination and spelling



Time to Talk Game

1 available

A board game created to develop essential language and social skills in children aged 4-7.

Promotes: attention skills, co-operation and communication



Pop and Fly Fidget

2 available (green and orange)

These fidgets are covered in small bubbles that make a satisfying pop sound when pushed inwards. After one press, the bubble then appears on the other side, ready to be pushed and popped all over again.

Promotes: coordination skills, relaxation and concentration



Food Groups Set

1 available

Including items from the five food groups, this wooden play food set helps teach children how to create a well-balanced meal and later identify healthy choices in the supermarket or at the dinner table. An especially beneficial toy for picky eaters and kids with food allergies.

Promotes: developing independence, encourages imagination, creativity



Snow White Game

1 available

This game is designed to introduce young children to logical thinking as well as the use of symbols, using the classic fairytale Snow White.

Includes: 3D house, 7 Dwarfs, SnowWhite, Evil Queen and booklet with 48 challenges.

Promotes: basic problem solving, concentration skills, attention skills



Lego Duplo Brick Box

3 available

This set includes 65 colorful bricks plus familiar pieces to stimulate childrens' minds, including a car with moving wheels, a roof, window, flowers, bread, DUPLO people figures and 1-2-3 number-learning bricks. 2+ years

Promotes: fine motor skills, creativity, numeracy



Lego Classic and Lego Duplo Large Building Plates

9 available

These large plates allow children to expand their building (please note that Lego bricks are not included). Different colours (green, blue and grey) are available to loan.

Promotes: fine motor skills, creativity, encourages imagination



Lego Classic Creative Brick Box

6 available

This set includes classic bricks in 29 different colors and special pieces including doors, windows, wheels, eyes and propellers. And if you don't know where to start, the set also includes instructions with some ideas to get you going. 4+ year

Promotes: fine motor skills, creativity, encourages imagination



Triangular Dark Den

2 Available

A new take on the classic Dark Den is this triangular shaped Den. The double nylon skin blocks out the light and there is a flap door covering the entrance. Great for sensory exploration and using torches and glow in the dark resources, or use as a cosy space for children to retreat to.



Magnetic Labyrinth

1 Available

Create complex and simple paths, labyrinths, and race tracks using the different wooden shapes, and see if the wooden balls will make it through the labyrinth to the end.

Write or draw with chalk on the cover and the back side of the suitcase. This allows creating two spaces of games: magnetic labyrinth on one side and the board for writing with a chalk on another side.



ReaderPens

Pens are available for use in each dlr Library branch including 2 for lending.

The ReaderPens reads words and full lines of text aloud for independent reading. With multiple dictionaries, additional features include 8GB of storage for files, built-in voice recorder and a rechargeable battery.

Promotes: literacy skills, developing independence, concentration