

Reduce the Weight...

# KNOW YOUR WASTE CONTROL YOUR COSTS

Tips & Tricks!



To help lower your bills, prevent waste and conserve natural resources please use these helpful tips in your home.

## Your waste collection service



Shop around!

Contact a number of waste collectors to ensure you are using the one with the lowest rates. If you get a better quote, change or ask your current provider to match the rate.

Get your Food Bin!

If you are in a town with a population greater than 500 people, your collector is obliged to provide you with a food waste bin.



x 500 =



## Waste Prevention

Before putting "waste" in any bin

Upcycle it

Before you bin it, could it be used for something else?



Fix it

Before you bin it, can you repair it?





### Quality

Quality goods last longer



### Flog it

[www.donedeal.ie](http://www.donedeal.ie)  
[www.ebay.com](http://www.ebay.com)  
[www.gumtree.ie](http://www.gumtree.ie)



### Donate it

Give reusable items to family & friends. You can also donate them to charity or place them on [www.freetradeireland.ie](http://www.freetradeireland.ie)

Visit the only Free Banks in the country!



Give old clothes a good home and recycle your glass at your nearest bring bank. It's FREE!

### Blue box it

Keep an eye out for the blue battery box in all shops selling batteries.



### Don't waste it!

Prevent food waste by careful planning and cooking the correct amounts for you and your family. More info at [www.stopfoodwaste.ie](http://www.stopfoodwaste.ie)



## How to lighten your General Waste Bin

Before you bin anything check to see if its **compostable** or **recyclable**. Your waste collector can provide a current list of acceptable items for each waste stream.

Remove any **water or liquid** from the item so it is as light as possible

Keep **glass** out and bring it to your bottle bank

Building rubble e.g. tiles, concrete or plasterboard, timber or metal may be accepted for a small charge at your local Civic Amenity Site



## How to lighten your Recycling Bin



Leaving packaging in the shop if allowed. e.g. shoe boxes.

To reduce weight ensure that used food containers are clean and dry

Choose goods in refillable packaging such as detergents & coffee

Look for goods with less packaging

Follow the list of recyclable materials accepted by your waste collection company (they will provide you with a list)

Invest in a refillable water bottle, coffee cup & lunch box to reduce waste when you are on the move

Look out for compostable & recycling symbols on packaging



Place a NO JUNK MAIL sticker on your letter box

# How to lighten your Food Waste Bin

You could compost the uncooked vegetable waste instead of placing it in the food waste brown bin

Keep all dairy products in the fridge to preserve them as long as possible.

When shopping try to make a list of what you need and stick to it!

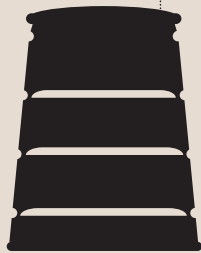
Make sure fruit and veg is stored correctly so you get time to eat it.

Check the use-by date before purchasing to ensure you will have time to eat it before it goes out of date.

\*Use up leftovers to make another recipe, or as tomorrow's lunch!



\* Note: Food safety guidance should be followed when storing and preparing food



You can also compost grass cuttings and plant waste at home. For more go to [www.stopfoodwaste.ie](http://www.stopfoodwaste.ie) [www.brownbins.ie](http://www.brownbins.ie)

Use your freezer - its your ally in preventing food waste

