

ROAD ACCESS RESTRICTIONS SUNDAY 19th AUGUST 2018

IRONMAN® 70.3 Dun Laoghaire is coming to your neighbourhood!

Pedestrian movement remains unrestricted and therefore, pedestrians may access and cross the bike course whenever it is safe to do so and under the guidance of event stewards when appropriate. However, the following restrictions apply to all vehicles. The detailed information below will allow you to plan your route on race day and avoid any unnecessary delays.

Emergency vehicles will have unrestricted access throughout.



Sunday 19th

Residents of Dun Laoghaire/Monkstown/Sallynoggin/Deansgrange

06.30 – 14:00

Travel southbound towards Dalkey/Killiney/Ballybrack/Bray via N11 at Cabinteely or Foxrock. Routes to Dublin City Centre unaffected.
Access to Dun Laoghaire/Monkstown/Sallynoggin/Deansgrange via N11 at Cabinteely or Foxrock for all traffic.

Residents of Killiney/Dalkey/Shankhill/Ballybrack/Rathsallagh

07:00 – 10:00

Travel northbound towards Dun Laoghaire/Sallynoggin/Monkstown/Deansgrange/Blackrock/Foxrock/Dublin via M11 at Old Conna.
Access to Dalkey/Killiney/Shankhill/Ballybrack/Rathsallagh/Bray via M11 at Old Conna.

10:00 – 14:00

Travel northbound towards Dun Laoghaire/Sallynoggin/Monkstown/Deansgrange/Blackrock/Foxrock/Dublin via N11 at Shankhill (Loughlinstown roundabout).
Access to Dalkey/Killiney/Shankhill/Ballybrack/Rathsallagh/Bray via N11 at Dublin Road (Shankhill exit Loughlinstown roundabout)

ABOUT IRONMAN® 70.3 Dun Laoghaire: Athletes complete an amazing 1.9km swim, 90km bike ride and finish with a 21.1km run. It takes place across Dun Laoghaire Rathdown, Wicklow South Dublin. This high profile event is part of a series of races around the world. Over 2,000 athletes from more than 40 countries will be competing.

The iconic IRONMAN® series of events is the largest participation sports platform in the world. Since the inception of the IRONMAN® brand in 1978, athletes have proven that ANYTHING IS POSSIBLE® by crossing finish lines at the world's most challenging endurance races.

WWW.IRONMAN.COM/DunLaoghaire70.3 | **Email: ireland70.3@ironmanroadaccess.com** | **TEL: 01 531 3311**



Main diversion routes are shown in green.
For travel North – South use M50 & N11

Crossing Points are available across the cycle route where indicated but you may experience long delays at certain times

For safety please avoid parking on the bike route

